1st - 8 points, 2nd - 7 points, 3rd - 6 points, 4th - 5 points, 5th - 4 points, 6th - 3 points, 7th - 2 points, 8th - 1 point.

Age Groups - Junior (U20), Open, 40+ and 50+, Male & Female

2010 Results after final round (round 12)

(points for the North East Distance Runner series are judged on the longest distance on each occasion)

Oper	Open Female			Open Male			
Sonya	Fitzsimmons	27	Adam	Byles	56		
Ellie	O'Kane	24	Alan	Pearce	48		
Rebecca	Eberle	14	Darren	Warner	31		
Karen	Hill	14	Simon	O'Reagan	30		
Nicole	Toner	13	Mitch	Hibbons	14		
Junior (Un	Junior (Under 20) Female			Junior (Under 20) Male			
Stephanie	Elliott	70	Ben	Boyd	59		
Olivia	Elliot	35	Harrison	Callahan	27		
Jemma	Power	21	James	Ellis	23		
Kirsty	Deacon	15	Harry	Weatherall	21		
Laura	Wall	12	Ben	Buckingham	14		
Veteran (Veteran (40 +) Female			Veteran (40 +) Men			
Kate	Sewell	57	Terry	Burgess	52		
Paula	Elliot	38	Jeff	Cave	44		
Emma	Thompson	33	Kevin	Muller	36		
Colleen	Middleton	32	Peter	Hudec	30		
Su	Cox	20	Peter	Elliot	27		
Masters	Masters (50+) Female			Masters (50+) Male			
Christine	Simmons	53	Brian	Simmons	67		
Fran							
ridii	Plunkett	48	David	Cromarty	66		
Christine	Plunkett Lithgow	48 47	David Michael	Cromarty Mellor	66 48		