

Wodonga Athletic Club
Weekly results - Alexandra Park, Albury
Saturday, 13 January 2018

TRACK EVENTS				
WOMEN:			MEN:	
100m			100m	
Katherine Howse	50+	13.61	Simon Crocos	Open 13.65
Brianna Pullen	U14	13.96	Gavin Smith	50+ 14.23
Anthea Knight	U18	14.22	Tristan Eriksson	U14 15.05
Zoe Smith	U20	14.23	Conwae Knight	40+ 16.36
Clio Knight	U14	14.58	Elias Knight	U14 16.81
Sarah Egan	U16	14.92	Francis Scurr	80+ 18.30
Paige Duffy	U14	15.24	Dennis Baker	60+ 19.06
Torah Duffy	U14	15.51		
Karen Hill	Open	16.18	1500m	
Clare McCormack	U18	16.63	Ryan Blackwell	U18 04:49.02
Janet Crocos	60+	16.96	Michael Dickens	40+ 04:55.96
Lisa McInerney	Open	17.10	John King	40+ 05:05.83
Rebekah Egan	U14	18.98	Declan Pearce	U16 05:12.73
Sophie Buckley	U20	19.87	Joseph HILL	U14 06:06.29
Tracey Howse	50+	21.39	William Pearce	70+ 07:25.65
Jean Brown	40+	26.50	Elias Knight	U14 08:07.44
			Dennis Baker	60+ 09:08.52
1500m			3000m	
Anthea Knight	U18	06:35.51	John King	40+ 10:52.35
Clio Knight	U14	06:46.59	Declan Pearce	U16 11:14.96
Fay Pearce	60+	08:20.43	William Pearce	70+ 15:21.89
3000m			Robert Lindley	70+ 22:30.74
Karen Hill	Open	14:51.78	400m	
Debbie Jones	50+	16:51.15	Gavin Smith	50+ 01:03.44
Fay Pearce	60+	17:05.07	Simon Crocos	Open 01:07.72
Janet Crocos	60+	18:59.62	Michael Dickens	40+ 01:08.49
Sophie Buckley	U20	19:10.01	Tristan Eriksson	U14 01:15.87
Tracey Howse	50+	21:46.11	Conwae Knight	40+ 01:28.04
400m			Isaac Smith	U14 01:38.45
Katherine Howse	50+	01:11.76	Francis Scurr	80+ 01:53.07
Brianna Pullen	U14	01:12.25	Elias Knight	U14 01:53.14
Zoe Smith	U20	01:14.28		
Clio Knight	U14	01:16.51	90m Hurdles	
Anthea Knight	U18	01:30.65	Tristan Eriksson	U14 19.73
Sophie Buckley	U20	01:45.75	2000m Steeplechase	
80m Hurdles			Joseph HILL	U14 09:25.07
Paige Duffy	U14	16.28	Elias Knight	U14 10:42.97
Janet Crocos	60+	20.36	3000m Steeplechase	
90m Hurdles			Alex Race-Stelling	U18 11:15.21
Sarah Egan	U16	19.41	Ryan Blackwell	U18 11:26.75
2000m Steeplechase			Digby Race	50+ 13:02.77
Callista Race-Stelling	U14	07:49.35		
Sarah Egan	U16	09:19.36		
Anthea Knight	U18	10:15.39		
Clio Knight	U14	10:31.68		
Nadia Mellor	60+	10:36.78		
Chris Wilson	60+	10:47.79		
3000m Steeplechase				
Karen Hill	Open	15:34.25		

FIELD EVENTS				
WOMEN:			MEN:	
Discus			Discus	
Gabby Knight	Open	22.61	Simon Crocos	Open 24.25
Clio Knight	U14	20.28	Gavin Smith	50+ 22.38
Katherine Howse	50+	19.46	Tristan Eriksson	U14 20.00
Clare McCormack	U18	19.24	Ryan Blackwell	U18 18.79
Anthea Knight	U18	16.87	Dennis Baker	60+ 18.69
Lisa McInerney	Open	16.04	Declan Pearce	U16 18.50
Janet Crocos	60+	14.67	Conwae Knight	40+ 17.38
Karen Hill	Open	14.48	Joseph HILL	U14 17.34
Zoe Smith	U20	14.42	Michael Dickens	40+ 12.68
Torah Duffy	U14	13.29	Elias Knight	U14 11.10
Tracey Howse	50+	13.06	Isaac Smith	U14 9.24
Debbie Jones	50+	13.03	Javelin	
Sophie Buckley	U20	11.57	Simon Crocos	Open 33.17
Rebekah Egan	U14	11.44	Ryan Blackwell	U18 26.67
Fay Pearce	60+	9.32	Conwae Knight	40+ 21.38
Javelin			Elias Knight	U14 16.62
Clare McCormack	U18	26.66	Declan Pearce	U16 16.02
Gabby Knight	Open	17.40	Joseph HILL	U14 12.64
Sarah Egan	U16	14.77	Dennis Baker	60+ 10.45
Clio Knight	U14	14.52	Isaac Smith	U14 5.91
Janet Crocos	60+	14.26	Shot Put	
Anthea Knight	U18	11.67	Simon Crocos	Open 8.79
Zoe Smith	U20	10.79	Gavin Smith	50+ 7.60
Rebekah Egan	U14	7.97	John King	40+ 6.98
Sophie Buckley	U20	3.52	Conwae Knight	40+ 6.64
Shot Put			Tristan Eriksson	U14 6.43
Clare McCormack	U18	10.19	Joseph HILL	U14 6.19
Gabby Knight	Open	8.18	Elias Knight	U14 6.05
Clio Knight	U14	7.91	William Pearce	70+ 5.74
Sarah Egan	U16	6.54	Dennis Baker	60+ 5.53
Katherine Howse	50+	6.40	Isaac Smith	U14 3.92
Anthea Knight	U18	6.26	Triple Jump	
Paige Duffy	U14	6.20	Elias Knight	U14 7.65
Zoe Smith	U20	5.97	Conwae Knight	40+ 6.19
Lisa McInerney	Open	5.95		
Janet Crocos	60+	5.91		
Rebekah Egan	U14	5.77		
Torah Duffy	U14	5.34		
Tracey Howse	50+	5.22		
Madison Duffy	U16	4.87		
Sophie Buckley	U20	4.75		
Triple Jump				
Paige Duffy	U14	9.55		
Sarah Egan	U16	9.29		
Clio Knight	U14	8.85		
Anthea Knight	U18	8.73		
Karen Hill	Open	8.33		
Lisa McInerney	Open	8.00		
Zoe Smith	U20	7.22		
Rebekah Egan	U14	7.03		
Clare McCormack	U18	6.91		
Gabby Knight	Open	6.39		
Janet Crocos	60+	6.36		
Sophie Buckley	U20	5.64		