

Wodonga Athletic Club - Weekly Competition
Wodonga Athletic Complex



Saturday, 19 February 2022

Women		
1500m		
Anthea Knight	Open	07:42.8
Clio Knight	Under 18	08:33.4
Fay Pearce	70+	09:21.7
3000m		
Anthea Knight	Open	18:55.3
Fay Pearce	70+	19:26.5
400m		
Clio Knight	Under 18	01:42.7
Anthea Mulholland	40+	01:55.1
60m		
Clio Knight	Under 18	9.44
Zoe Smith	Open	9.64
Lisa McInerney	Open	9.73
Anthea Knight	Open	9.9
Clare McCormack	Open	10.83
Discus		
Clio Knight	Under 18	26.62
Clare McCormack	Open	22.5
Lisa McInerney	Open	19.63
Anthea Mulholland	40+	18.77
Anthea Knight	Open	17.31
Janet Crocos	60+	14.53
Zoe Smith	Open	12.77
Fay Pearce	70+	8.98
High Jump		
Lisa McInerney	Open	1.35
Clio Knight	Under 18	1.2
Anthea Mulholland	40+	1.15
Clare McCormack	Open	1.1
Anthea Knight	Open	0.95
Javelin		
Clare McCormack	Open	23.33
Anthea Mulholland	40+	19.57
Lisa McInerney	Open	16.17
Clio Knight	Under 18	14.95
Janet Crocos	60+	14.34
Anthea Knight	Open	11.32
Fay Pearce	70+	9.03

Men		
1500m		
Gavin Smith	50+	06:34.0
Elias Knight	Under 16	06:43.1
Simon Crocos	Open	07:05.1
Des Rees	60+	07:49.3
Doug Lloyd	70+	07:51.1
Conwae Knight	50+	08:47.0
Dennis Baker	70+	11:52.4
3000m		
Conwae Knight	50+	19:32.1
William Pearce	70+	24:49.7
5000m		
Robert Lindley	70+	49:51.4
400m		
Sloan Mulholland	Under 16	01:05.7
Simon Crocos	Open	01:09.6
Robert Mulholland	40+	01:36.6
Dennis Baker	70+	02:14.6
60m		
Robert Mulholland	40+	12.48
Conwae Knight	50+	11.3
Simon Crocos	Open	8.62
Elias Knight	Under 16	8.5
Sloan Mulholland	Under 16	8.41
Discus		
Elias Knight	Under 16	33.7
Sloan Mulholland	Under 16	24.9
Gavin Smith	50+	23.61
Robert Mulholland	40+	22.24
Simon Crocos	Open	22.03
Conwae Knight	50+	20.47
William Pearce	70+	19.71
Dennis Baker	70+	17.97
High Jump		
Elias Knight	Under 16	1.45
Simon Crocos	Open	1.45
Gavin Smith	50+	1.2
Sloan Mulholland	Under 16	1.2
Robert Mulholland	40+	1.15
Conwae Knight	50+	1.1

Shot Put		
Clare McCormack	Open	9.39
Clio Knight	Under 18	9.3
Lisa McInerney	Open	6.97
Janet Crocos	60+	6.89
Anthea Mulholland	40+	6.53
Anthea Knight	Open	6.22
Zoe Smith	Open	5.96
Triple Jump		
Clio Knight	Under 18	8.79
Lisa McInerney	Open	8.62
Anthea Knight	Open	7.02
Clare McCormack	Open	6.92
Anthea Mulholland	40+	6.59

Javelin		
Simon Crocos	Open	35.89
Elias Knight	Under 16	30.46
Sloan Mulholland	Under 16	25.57
Robert Mulholland	40+	20.09
Conwae Knight	50+	16.78
William Pearce	70+	15.7
Dennis Baker	70+	10.01
Shot Put		
Elias Knight	Under 16	9.49
Simon Crocos	Open	9.02
Gavin Smith	50+	7.98
Conwae Knight	50+	7.35
William Pearce	70+	7.08
Robert Mulholland	40+	7.08
Dennis Baker	70+	5.29
Triple Jump		
Elias Knight	Under 16	9.82
Simon Crocos	Open	9.54
Sloan Mulholland	Under 16	8.91
Conwae Knight	50+	6.56
Robert Mulholland	40+	4.77