

Wodonga Athletic Club - Weekly Competition
Wodonga Athletic Complex



Thursday 13 January 2022

Women		
1500m		
Karen Hill	40+	07:30.0
200m		
Mary Toney	Open	30.76
Clare McCormack	Open	39.14
3000m		
Mary Toney	Open	16:19.4
Karen Hill	40+	16:54.0
Discus		
Clare McCormack	Open	20.15
Mary Toney	Open	19.56
Karen Hill	40+	15.89
Long Jump		
Mary Toney	Open	3.84
Karen Hill	40+	3.58
Clare McCormack	Open	2.61
Shot Put		
Clare McCormack	Open	9.07
Mary Toney	Open	6.69

Men		
1500m		
Des Rees	60+	08:02.5
Doug Lloyd	70+	08:04.5
200m		
Simon Crocos	Open	29.21
Gavin Smith	50+	31.82
5000m		
Gavin Smith	50+	24:53.9
Dennis Baker	70+	44:23.9
Robert Lindley	70+	52:01.3
Discus		
Gavin Smith	50+	25.67
Simon Crocos	Open	24.61
William Pearce	70+	20.51
Dennis Baker	70+	18.99
Long Jump		
Simon Crocos	Open	4.56
Gavin Smith	50+	3.33
Shot Put		
Simon Crocos	Open	9.44
William Pearce	70+	6.92
Dennis Baker	70+	5.88