

Weekly Competition

Wodonga Athletic Club

Sunday, 18 December 2022

	100m	200m	800m	Discus	Hammer Throw	Javelin	Long Jump	Triple Jump
Anthea Knight (F30)	16.45	37.25	03:37	20.30	15.47	12.27	3.06	
Clio Knight (F20)	16.47				16.53	13.75	3.70	8.05
Gabby Knight (F30)				26.43	25.42	17.45	2.06	5.52
Janet Crocos (F60)	19.01			13.15		15.69	2.84	
Mary Toney (F30)	16.00	34.75		18.02	15.90	14.40	3.86	
Chris Lewis (M60)				29.25		28.01	4.01	
Conwae Knight (M50)	18.18	40.65	04:10	20.52	18.36	23.69	3.13	
Dennis Baker (M70)	24.47		05:43	20.13		11.66		
Elias Knight (M18)	13.94	28.40	03:04	23.90	18.83	38.18	5.27	
Simon Crocos (M30)	14.35		03:13	25.61	22.97	33.53	4.46	9.34
William Pearce (M70)			05:59	18.30	19.30	16.70		