

Wodonga Athletic Club - Weekly Competition
Wodonga Athletic Complex



Saturday, 5 February 2022

Women		
100m		
Mary Toney	Open	15.10
Clio Knight	Under 18	15.67
Anthea Knight	Open	16.67
Karen Hill	40+	16.78
Clare McCormack	Open	17.84
Janet Crocos	60+	20.56
Julie Hovey	50+	20.90
200m		
Anthea Knight	Open	37.75
Julie Hovey	50+	48.37
3000m		
Karen Hill	40+	15:28.9
Fay Pearce	70+	19:50.4
800m		
Mary Toney	Open	03:18.5
Karen Hill	40+	03:28.4
Clio Knight	Under 18	03:38.6
Anthea Knight	Open	03:43.1
Fay Pearce	70+	04:46.8
Discus		
Clare McCormack	Open	22.58
Anthea Knight	Open	17.61
Mary Toney	Open	16.14
Janet Crocos	60+	15.42
Hammer Throw		
Clare McCormack	Open	29.06
Clio Knight	Under 18	21.85
Janet Crocos	60+	20.58
Anthea Knight	Open	15.55
Mary Toney	Open	14.29
Javelin		
Clare McCormack	Open	24.29
Mary Toney	Open	16.87
Clio Knight	Under 18	16.79
Janet Crocos	60+	14.49
Karen Hill	40+	13.26
Anthea Knight	Open	12.46
Fay Pearce	70+	8.13
Long Jump		
Clio Knight	Under 18	4.13
Mary Toney	Open	4.08
Karen Hill	40+	3.75
Anthea Knight	Open	3.29
Janet Crocos	60+	2.82
Clare McCormack	Open	2.67
Triple Jump		
Mary Toney	Open	8.80
Clio Knight	Under 18	8.58
Clare McCormack	Open	6.80

Men		
100m		
Elias Knight	Under 16	14.02
Simon Crocos	Open	14.17
Robert Mulholland	40+	16.04
Conwae Knight	50+	18.26
Dennis Baker	70+	23.38
200m		
Robert Mulholland	40+	34.06
Conwae Knight	50+	38.84
Dennis Baker	70+	55.23
3000m		
William Pearce	70+	24:49.5
5000m		
Robert Lindley	70+	50:21.6
800m		
Simon Crocos	Open	03:05.1
Elias Knight	Under 16	03:11.4
Des Rees	60+	03:50.9
Doug Lloyd	70+	03:58.0
Dennis Baker	70+	05:31.5
Discus		
Elias Knight	Under 16	28.07
Gavin Smith	50+	26.12
Simon Crocos	Open	22.88
Robert Mulholland	40+	21.18
Conwae Knight	50+	19.08
Dennis Baker	70+	18.75
Hammer Throw		
Elias Knight	Under 16	22.39
Simon Crocos	Open	20.60
Conwae Knight	50+	19.07
Gavin Smith	50+	16.18
Robert Mulholland	40+	14.02
Javelin		
Simon Crocos	Open	37.81
Elias Knight	Under 16	30.79
Robert Mulholland	40+	22.53
Gavin Smith	50+	22.43
Conwae Knight	50+	20.29
William Pearce	70+	17.09
Dennis Baker	70+	10.42
Long Jump		
Elias Knight	Under 16	5.08
Simon Crocos	Open	4.43
Robert Mulholland	40+	3.32
Conwae Knight	50+	2.97
Triple Jump		
Simon Crocos	Open	9.44
Elias Knight	Under 16	8.86