

Wodonga Athletic Club – Weekly Competition

Albury Athletics Complex

Saturday 27 November 2021

Women			
Javelin			
Clare McCormack	Open		24.98
Anthea Mulholland	40+		22.28
Lisa McInerney	Open		16.88
Mary Toney	Open		15.53
Fiona Nawrocki	50+		14.92
Clio Knight	Under 18		14.27
Janet Crocos	60+		13.43
Anthea Knight	Open		12.42
Zoe Smith	Open		11.22
100m			
Mary Toney	Open		14.66
Clio Knight	Under 18		15.34
Anthea Knight	Open		15.83
Lisa McInerney	Open		16.57
Clare McCormack	Open		17.65
Anthea Mulholland	40+		17.70
Long Jump			
Mary Toney	Open		4.16
Clio Knight	Under 18		4.04
Lisa McInerney	Open		3.56
Anthea Knight	Open		3.43
Anthea Mulholland	40+		3.17
Clare McCormack	Open		2.79
Janet Crocos	60+		1.99
800m			
Edyn Hill	Under 16	02:47.4	
Fiona Nawrocki	50+	03:11.3	
Anthea Knight	Open	03:27.3	
Clio Knight	Under 18	03:35.1	
Mary Toney	Open	03:43.2	
Zoe Smith	Open	04:13.6	
Hammer			
Clare McCormack	Open		29.21
Janet Crocos	60+		20.13
Clio Knight	Under 18		18.89
Lisa McInerney	Open		16.74
Mary Toney	Open		15.51
Anthea Knight	Open		14.93
Anthea Mulholland	40+		13.70
Zoe Smith	Open		11.55

Men			
Javelin			
Elias Knight	Under 16		31.99
Conwae Knight	50+		22.76
Robert Mulholland	40+		20.20
William Pearce	70+		16.03
Dennis Baker	70+		10.54
100m			
Jordan Smith	Open		13.65
Elias Knight	Under 16		14.48
Gavin Smith	50+		15.14
Robert Mulholland	40+		16.15
Conwae Knight	50+		18.00
Dennis Baker	70+		23.31
Long Jump			
Elias Knight	Under 16		4.56
Jordan Smith	Open		3.59
Conwae Knight	50+		3.11
Robert Mulholland	40+		3.09
800m			
Flynn Hill	Under 20	02:21.1	
Jordan Smith	Open	02:37.9	
Dexter Hill	Under 14	02:48.9	
Gavin Smith	50+	02:49.7	
Jackson Harrap	Under 14	02:52.2	
Elias Knight	Under 16	03:14.0	
Conwae Knight	50+	04:14.9	
Dennis Baker	70+	05:19.7	
Hammer			
Elias Knight	Under 16		20.87
Conwae Knight	50+		15.81
Gavin Smith	50+		14.09
Robert Mulholland	40+		13.85
200m			
Elias Knight	Under 16		34.22
Robert Mulholland	40+		35.00
Dennis Baker	70+		51.48
Triple Jump			
Conwae Knight	50+		6.09

Women			
200m			
Mary Toney	Open	30.24	
Fiona Nawrocki	50+	37.40	
Anthea Mulholland	40+	40.25	
Triple Jump			
Clio Knight	Under 18	8.54	
Lisa McInerney	Open	7.63	
Clare McCormack	Open	6.53	
Anthea Knight	Open	6.39	
3000m			
Alannah Harrap	Under 18	12:13.0	
Edyn Hill	Under 16	12:19.1	
Anthea Knight	Open	19:20.0	
Discus			
Clio Knight	Under 18	24.37	
Clare McCormack	Open	23.01	
Lisa McInerney	Open	16.47	
Anthea Mulholland	40+	16.14	
Mary Toney	Open	14.82	
Fiona Nawrocki	50+	12.25	

Men			
3000m			
Flynn Hill	Under 20	10:46.6	
Gavin Smith	50+	12:36.3	
Jackson Harrap	Under 14	13:22.0	
Dexter Hill	Under 14	13:23.1	
Discus			
Elias Knight	Under 16	29.18	
Robert Mulholland	40+	20.35	
Dennis Baker	70+	19.93	
Conwae Knight	50+	19.82	
William Pearce	70+	19.39	