

Wodonga Athletic Club - Weekly Competition
Wodonga Athletic Complex



Saturday 12th December 2021

Women		
100m		
Illiana Mulholland	Under 18	15.91
Anthea Knight	Open	16.79
Clare McCormack	Open	17.84
Anthea Mulholland	40+	18.48
1500m		
Mary Toney	Open	07:16.9
Karen Hill	40+	07:22.7
Anthea Knight	Open	07:38.4
400m		
Mary Toney	Open	01:24.1
Illiana Mulholland	Under 18	01:28.1
Anthea Mulholland	40+	01:47.4
Discus		
Clio Knight	Under 20	24.80
Clare McCormack	Open	22.03
Illiana Mulholland	Under 18	19.53
Anthea Knight	Open	19.47
Karen Hill	40+	17.96
Mary Toney	Open	17.23
Anthea Mulholland	40+	15.70
High Jump		
Mary Toney	Open	1.25
Illiana Mulholland	Under 18	1.25
Clare- McCormack	Open	1.10
Anthea Mulholland	40+	1.10
Clio Knight	Under 20	1.10
Anthea Knight	Open	0.95
Javelin		
Clare McCormack	Open	23.30
Illiana Mulholland	Under 18	20.91
Anthea Mulholland	40+	18.78
Mary Toney	Open	15.87
Karen Hill	40+	13.83
Clio Knight	Under 20	13.23
Anthea Knight	Open	12.29

Men		
100m		
Jordan Smith	Open	13.83
Elias Knight	Under 16	14.14
Simon Crocos	Open	14.43
Sloan Mulholland	Under 16	14.50
Robert Mulholland	40+	15.99
Conwae Knight	50+	18.13
Dennis Baker	70+	23.62
1500m		
Simon Crocos	Open	06:34.5
Elias Knight	Under 16	07:06.4
Conwae Knight	50+	08:13.4
400m		
Jordan Smith	Open	01:02.1
Simon Crocos	Open	01:10.9
Sloan Mulholland	Under 16	01:20.5
Robert Mulholland	40+	01:21.3
Conwae Knight	50+	01:47.6
Dennis Baker	70+	02:11.2
Discus		
Elias Knight	Under 16	30.84
Simon Crocos	Open	25.09
Robert Mulholland	40+	22.03
Dennis Baker	70+	20.38
Conwae Knight	50+	20.23
William Pearce	70+	18.99
High Jump		
Elias Knight	Under 16	1.40
Robert Mulholland	40+	1.05
Javelin		
Simon Crocos	Open	37.84
Elias Knight	Under 16	31.40
Conwae Knight	50+	22.39
Robert Mulholland	40+	20.19
Sloan Mulholland	Under 16	19.93
William Pearce	70+	14.05
Dennis Baker	70+	11.55

Long Jump		
Mary Toney	Open	4.16
Clio Knight	Under 20	4.03
Karen Hill	40+	3.85
Illiana Mulholland	Under 18	3.41
Anthea Knight	Open	3.35
Clare- McCormack	Open	3.13
Anthea Mulholland	40+	2.92
Shot Put		
Clare McCormack	Open	9.05
Illiana Mulholland	Under 18	8.81
Clio Knight	Under 20	8.01
Anthea Mulholland	40+	6.66
Anthea Knight	Open	6.04

Long Jump		
Elias Knight	Under 16	5.06
Jordan Smith	Open	4.55
Simon Crocos	Open	4.55
Conwae Knight	50+	3.50
Robert Mulholland	40+	3.41
Shot Put		
Elias Knight	Under 16	9.35
Simon Crocos	Open	9.28
Robert Mulholland	40+	7.40
Conwae Knight	50+	6.91
William Pearce	70+	6.06
Dennis Baker	70+	5.09