

Wodonga Athletic Club
Weekly results - Wodonga Athletic Complex
Sunday 21 January 2018

WOMEN:		
100m (Manual timing):		
Gemma Fenn	U16	13.52
Katherine Howse	50+	13.73
Sarah Egan	U16	14.74
Caitlyn Regan	U20	15.43
Clio Knight	U14	15.55
Cheryl Webster	50+	16.61
Karen Hill	Open	16.78
Clare McCormack	U18	17.80
Rebekah Egan	U14	18.91
Lisa McInerney	Open	20.34
Fay Pearce	60+	21.42
Alizah Rollings	U14	22.68
200m		
Gemma Fenn	U16	28.45
Zoe Smith	U20	30.11
Brianna Pullen	U14	30.92
Clio Knight	U14	31.88
Fay Pearce	60+	48.82
Jean Brown	40+	01:05.89
3000m		
Caitlyn Regan	U20	12:31.36
Sarah Egan	U16	13:44.01
Jade Regan	U18	14:30.68
Katherine Howse	50+	15:20.01
Fay Pearce	60+	17:29.56
Jean Brown	40+	21:09.00
Tracey Howse	50+	22:37.00
800m		
Caitlyn Regan	U20	02:53.38
Sarah Egan	U16	02:55.55
Tracey Howse	50+	06:16.90
Hammer Throw		
Clare McCormack	U18	32.51
Gabby Knight	Open	30.45
Cheryl Webster	50+	20.21
Lisa McInerney	Open	16.93
Alizah Rollings	U14	16.66
Clio Knight	U14	16.33
Anthea Knight	U18	5.14

MEN:		
100m (Manual timing):		
Hallam Angelini	U18	12.97
Ryan Blackwell	U18	14.06
Tristan Eriksson	U14	15.19
Conwae Knight	40+	16.41
Elias Knight	U14	17.75
Isaac Smith	U14	21.30
200m		
Benjamin Hugall	Open	24.41
Hallam Angelini	U18	26.86
Ryan Blackwell	U18	29.80
Gavin Smith	50+	31.30
Isaac Smith	U14	43.49
3000m		
Kevin Muller	40+	10:19.90
Ryan Blackwell	U18	10:38.01
Declan Pearce	U16	11:51.12
William Pearce	70+	15:43.57
Robert Lindley	70+	23:00.00
800m		
Benjamin Hugall	Open	02:15.53
Ryan Blackwell	U18	02:21.50
Kevin Muller	40+	02:36.34
Declan Pearce	U16	03:05.74
Tristan Eriksson	U14	03:11.08
Isaac Smith	U14	03:45.38
William Pearce	70+	03:49.63
Hammer Throw		
Conwae Knight	40+	13.75
Elias Knight	U14	12.63
Javelin		
Ryan Blackwell	U18	31.74
Benjamin Hugall	Open	30.35
Conwae Knight	40+	26.08
Elias Knight	U14	18.61
Gavin Smith	50+	16.60
Declan Pearce	U16	15.28
Isaac Smith	U14	10.53
Long Jump		
Flynn Eriksson	U16	4.82
Benjamin Hugall	Open	4.63
Ryan Blackwell	U18	4.43
Gavin Smith	50+	3.84
Elias Knight	U14	3.76
Conwae Knight	40+	3.40
Isaac Smith	U14	2.42
Shot Put		
Tristan Eriksson	U14	7.11
Conwae Knight	40+	7.02
Elias Knight	U14	5.77
William Pearce	70+	5.41

WOMEN:		
Javelin		
Clare McCormack	U18	29.39
Gemma Fenn	U16	29.31
Gabby Knight	Open	22.84
Sarah Egan	U16	22.52
Katherine Howse	50+	22.49
Lisa McInerney	Open	19.89
Clio Knight	U14	17.31
Cheryl Webster	50+	16.95
Tracey Howse	50+	14.35
Alizah Rollings	U14	14.33
Zoe Smith	U20	13.37
Karen Hill	Open	12.05
Brianna Pullen	U14	10.39
Fay Pearce	60+	8.81
Anthea Knight	U18	8.62
Rebekah Egan	U14	8.45
Long Jump		
Gemma Fenn	U16	5.27
Clio Knight	U14	4.15
Sarah Egan	U16	3.99
Lisa McInerney	Open	3.71
Katherine Howse	50+	3.69
Rebekah Egan	U14	3.33
Zoe Smith	U20	3.22
Cheryl Webster	50+	2.96
Gabby Knight	Open	2.84
Clare McCormack	U18	2.68
Fay Pearce	60+	2.18
Jean Brown	40+	1.85
Shot Put		
Clare McCormack	U18	10.94
Gabby Knight	Open	8.94
Cheryl Webster	50+	7.22
Sarah Egan	U16	6.84
Lisa McInerney	Open	6.82
Alizah Rollings	U14	6.48
Tracey Howse	50+	5.68
Rebekah Egan	U14	5.52
Anthea Knight	U18	5.32
Triple Jump		
Gemma Fenn	U16	10.61
Clio Knight	U14	8.57
Katherine Howse	50+	8.51
Karen Hill	Open	8.38
Lisa McInerney	Open	8.36
Rebekah Egan	U14	7.57
Zoe Smith	U20	7.07
Clare McCormack	U18	6.34
Cheryl Webster	50+	4.97
Fay Pearce	60+	4.71

MEN:		
Triple Jump		
Flynn Eriksson	U16	10.43
Gavin Smith	50+	8.16
Elias Knight	U14	7.44
Conwae Knight	40+	5.43

4x400m Relay:		
Flynn Eriksson	U16	04:29.93
Hallam Angelini	U18	
Conwae Knight	40+	
Gavin Smith	50+	
Sarah Egan	U16	04:38.53
Jade Regan	U18	
Caitlyn Regan	U20	
Ryan Blackwell	U18	
Clio Knight	U14	04:47.08
Brianna Pullen	U14	
Gemma Fenn	U16	
Zoe Smith	U20	
Rebekah Egan	U14	05:41.92
Elias Knight	U14	
Tristan Eriksson	U14	
Isaac Smith	U14	
Claire Pullen	U16	07:15.21
Karen Pullen	40+	
Tracey Howse	50+	
Ian Pullen	50+	