

Weekly Competition

Saturday, 21 January 2023

Wodonga Athletic Club

Row Labels	200m	3000m	5000m	60m	800m	Hammer Throw	Javelin	Long Jump	Shot Put	Triple Jump
Anthea Knight (F30)	36.70			10.01		13.88	11.71	3.03	6.30	7.07
Clio Knight (F20)	33.05			9.50		17.46	14.45	3.84	7.15	8.32
Gabby Knight (F30)				12.79		25.09	16.19	2.35	8.40	
Kate Parris (F50)		14:36		11.52	03:25	21.25	14.69			
Chris Lewis (M60)		24:47					21.26			
Conwae Knight (M50)	42.54			11.31		16.69	20.43	2.47	7.31	6.42
Dennis Baker (M70)		26:19		15.01			11.24		5.94	
Elias Knight (M18)				8.31		15.06	24.77	3.29	7.97	6.07
Gavin Smith (M50)			23:47		02:52	17.09			7.25	
Robert Lindley (M70)		33:31								
Simon Crocos (M30)	30.99			8.72		22.72	35.83	4.16	9.19	9.03
William Pearce (M70)		24:47			05:53	18.18	14.47		7.30	