

Weekly Competition

Sunday, 15 January 2023

Wodonga Athletic Club

	100m	1500m	2000m SC	3000m SC	400m	Discus	High Jump	Javelin	Shot Put	Triple Jump
Anthea Knight (F30)	17.49				01:37	17.44		12.78	5.85	6.95
Clio Knight (F20)	15.67		13:09			19.73	1.25	13.86	6.64	8.31
Karen Hill (F40)						15.35		11.85		
Zoe Smith (F30)					01:22	16.35		10.57	5.74	
Aiden Hill (M16)	13.44	05:33								10.50
Conwae Knight (M50)	18.52			19:06	01:53	18.71		16.53	6.79	
Gavin Smith (M50)		06:29		15:53		22.98	1.40	16.60	7.50	
Simon Crocos (M30)				18:54		25.64	1.50	37.25	8.77	8.76
William Pearce (M70)						18.88		15.77	6.56	