

Wodonga Athletic Club**Weekly results - Wodonga Athletic Complex****Saturday, 16 December 2017**

WOMEN:		
100m		
Katherine Howse	50+	13.66
Brianna Pullen	U14	14.12
Anthea Knight	U18	14.33
Paige Duffy	U14	14.79
Torah Duffy	U14	16.04
Clare McCormack	U18	16.97
Gabby Knight	Open	16.98
Steph Eagle	Open	17.81
Tracey Howse	50+	20.54
Alizah Rollings	U14	22.04
Jean Brown	40+	26.22
1500m		
Katherine Howse	50+	07:14.89
Sophie Buckley	U20	09:08.21
Tracey Howse	50+	11:29.24
3000m		
Steph Eagle	Open	14:07.68
Nadia Mellor	60+	15:11.21
Megan Craig	Open	16:24.56
Fay Pearce	60+	17:54.91
400m		
Anthea Knight	U18	01:11.36
Brianna Pullen	U14	01:14.42
Katherine Howse	50+	01:16.05
Torah Duffy	U14	01:20.44
Zoe Freeman	U16	01:32.24
Fay Pearce	60+	01:59.11
Jean Brown	40+	02:23.69
Discus		
Gabby Knight	Open	29.00
Clare McCormack	U18	23.37
Cheryl Webster	50+	18.05
Anthea Knight	U18	16.37
Torah Duffy	U14	14.39
Alizah Rollings	U14	13.90
Tracey Howse	50+	12.90
Zoe Freeman	U16	11.97
Steph Eagle	Open	10.65
Fay Pearce	60+	9.72
Megan Craig	Open	9.09
Nadia Mellor	60+	8.51
Jean Brown	40+	7.98
Hammer Throw		
Gabby Knight	Open	30.94
Clare McCormack	U18	28.24
Cheryl Webster	50+	19.34
Anthea Knight	U18	17.25

MEN:		
100m		
Benjamin Hugall	Open	11.98
Simon Crocos	Open	13.36
Ryan Blackwell	U18	13.74
Chris Duffy	40+	15.32
Elias Knight	U14	16.40
Francis Scurr	80+	18.23
Dennis Baker	60+	19.12
1500m		
Michael Dickens	40+	05:03.80
Ryan Blackwell	U18	05:08.90
Declan Pearce	U16	05:51.13
Joseph Hill	U14	06:39.58
Elias Knight	U14	06:54.09
Doug Lloyd	60+	08:47.89
3000m		
Michael Dickens	40+	10:32.36
Declan Pearce	U16	11:26.46
Ryan Blackwell	U18	11:26.83
Joseph Hill	U14	13:40.32
Simon Crocos	Open	15:25.52
Des Rees	60+	15:31.28
Doug Lloyd	60+	18:31.63
Dennis Baker	60+	20:35.81
Robert Lindley	70+	23:50.46
400m		
Ryan Blackwell	U18	01:03.89
Kevin Freeman	40+	01:05.92
Michael Dickens	40+	01:07.19
Elias Knight	U14	01:24.31
Francis Scurr	80+	01:54.39
Discus		
Simon Crocos	Open	25.85
William Pearce	70+	21.13
Ryan Blackwell	U18	20.90
Dennis Baker	60+	19.97
Joseph Hill	U14	18.35
Benjamin Hugall	Open	17.79
Chris Duffy	40+	17.70
Declan Pearce	U16	17.59
Elias Knight	U14	13.38
Kevin Freeman	40+	12.96
Hammer Throw		
Simon Crocos	Open	22.68
Dennis Baker	60+	12.57
Elias Knight	U14	8.47
High Jump		
Kevin Freeman	40+	1.45
Benjamin Hugall	Open	1.37
Elias Knight	U14	1.05

High Jump		
Paige Duffy	U14	1.40
Anthea Knight	U18	1.05
Long Jump		
Paige Duffy	U14	4.25
Anthea Knight	U18	3.78
Clare McCormack	U18	3.27
Gabby Knight	Open	3.06
Zoe Freeman	U16	3.02
Sophie Buckley	U20	2.91
Cheryl Webster	50+	2.88
Fay Pearce	60+	2.10
Steph Eagle	Open	2.08
Tracey Howse	50+	1.80
Shot Put		
Clare McCormack	U18	10.51
Gabby Knight	Open	9.13
Cheryl Webster	50+	7.19
Paige Duffy	U14	6.97
Anthea Knight	U18	6.76
Alizah Rollings	U14	6.28
Zoe Freeman	U16	6.10
Tracey Howse	50+	5.84
Jean Brown	40+	4.26

Long Jump		
Benjamin Hugall	Open	5.14
Ryan Blackwell	U18	4.25
Simon Crocos	Open	4.19
Elias Knight	U14	3.80
Shot Put		
Benjamin Hugall	Open	9.50
Simon Crocos	Open	9.00
Kevin Freeman	40+	7.32
Joseph Hill	U14	7.18
Chris Duffy	40+	7.00
William Pearce	70+	6.30
Elias Knight	U14	6.23
Dennis Baker	60+	5.92