

2004 Australian Masters Games

Alice Springs 17th to 23rd October

Masters athletic events are for athletes over the age of 30 who compete with and against athletes of similar age groups.

Don Chambers and Cerina Meredith represented Wodonga Athletic Club at the Australian Masters Games held in Alice Springs 17th to 23rd October.

Don competed in the 65-69 yrs age group bringing home *4 gold and 2 silver medals*.

Don Chambers		
2nd	100 metres	14.50
2nd	200 metres	30.64
1st	Long Jump	3.96
1st	Triple Jump	8.63
1st	High Jump	1.25
1st	Shot Put	9.20
4th	Discus	22.64

Cerina in the 45-49 yrs age group winning *5 silver medals* from 5 events, Cerina was also kept busy playing 8 games of hockey over the week.

Cerina Meredith		
2nd	1500 metres	6.35.64
2nd	3000 metres	13.57.11
2nd	10 km	48.50.53
2nd	5 km X-Country	24.46
2nd	Masters Mile	6.43.70

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