

## **Australian Masters Games – Canberra 2/6 Nov**

Masters athletic events are for athletes over the age of 30 who compete with and against athletes of similar age groups.

5 athletes represented Wodonga Athletic Club at the Australian Masters Games held in Canberra from 2<sup>nd</sup> to 6<sup>th</sup> November. Performances were exceptional, not only seasons bests, personal bests but a total haul of 9 gold, 9 silver and 6 bronze from the 5 days of competition. The Wodonga Athletic Club uniform was on the dais a total of 24 times.

Of particular note was Karen Sheehan's gold in the pole vault after only commencing vaulting 10 weeks prior.

Full results:

Karen Sheehan (women 40-44)

Gold – Pole Vault, 1500 mtrs Walk

Silver – Pentathlon, 80m hurdles, 400m hurdles

Bronze – Triple Jump

Ian Smith (men 40-44)

Gold – Long Jump, Triple Jump

Bill Barker (male 40-44)

Gold – 400m hurdles

Silver – Weight Throw, Pentathlon

Bronze – Hammer, Shot Put, Discus, Weight Pentathlon

Greg Simpson (male 45-49)

Gold – Pole Vault, 110 Hurdles

Silver – 400 Hurdles, Pentathlon

Don Chambers (male 65-69)

Gold – 100 hurdles, 300 hurdles

Silver – High Jump, Long Jump

Bronze – Triple Jump

Don unfortunately was disqualified in the 400m (for touching the lane marking). This robbed him of a well deserved silver medal, despite attempts of his fellow competitors to have the ruling overturned.

That was the only major disappointment suffered by our team over the whole competition – unless of course we include Smithy's tips which are still running!!!!

*Greg Simpson*

*This page was last updated on 22/9/04*