

2003-2004 Wodonga Athletic Club Awards

WAC Champion Male	Don Chambers
WAC Champion Male runner-up	Greg Simpson
WAC Champion Female	Karen Sheehan
WAC Champion Female runner-up	Equal - Michelle Crocos & Janet Crocos
Thrower of the year	Michael Wilson
Club Person of the year	Greg Simpson
Most Improved Male	Paul Windridge
Most Improved Female	Lara Friesen
Coaches Award	Annabel Sawyer

Club Multi Event Championship

Male			Female		
1st	Graeme Brown	4819	1st	Michelle Crocos	4866
2nd	Michael Wilson	4675	2nd	Lara Friesen	4670
3rd	Paul Windridge	4095	3rd	Annabel Sawyer	4574

Wodonga Athletic Club Age Champions

Male		Female	
U14		U14	
1st	Sean Wilson	1st	Lara Friesen
U16		2nd	Rachel Simmonds
1st	Myles Simpson	U16	
2nd	David Myers	1st	Morgan Barker
3rd	Dave Miles	U18	
U18		1st	Michelle Crocos
1st	Shaun Guthridge	2nd	Laura Bonnacci
2nd	Graeme Brown	3rd	Annabel Sawyer
3rd	Michael Wilson	Open	
Open		1st	Lisa Old
1st	Paul Windridge	2nd	Karen Hill
40+		35+	
1st	Bill Barker	1st	Karen Sheehan
2nd	Greg Simpson	2nd	Janet Crocos
50+		3rd	Faye Pearce
1st	Don Chambers		
2nd	Bill Pearce		
3rd	Des Rees		