

Weekly Results 7th October 2007

Women			Men		
100 metres			100 metres		
Emilya Toney	18	13.56	Brendon Ashcroft	18	10.70 (Record)
Catherine Williams	18	13.71	Shane Lewis	(Open)	11.59
Mary Toney	16	15.16	Jonathan Simmons	(Open)	11.74
Charlotte Wallace	14	15.2	Ben Boyd	18	11.83
Gabby Knight	18	15.24	Zach Jones	18	11.84
Molly Giggins	14	15.25	Nick Raymond	18	12.28
Janet Crocos	(50+)	15.57	Damien Downing	(Open)	12.3
Katina Sharpe	14	16.69	Chris Barton	18	12.38
Holly Plunkett	14	17.2	Ben Cook	18	12.45
400 metres			400 metres		
Molly Giggins	14	1.16.76	Shaun Atley	16	12.47
Emilya Toney	18	1.18.54	Simon Crocos	(Open)	12.68
Charlotte Wallace	14	1.25.71	David Miles	(Open)	12.79
Grace Gibney	14	1.30.80	Matt Cullen	16	13.29
Katina Sharpe	14	1.36.79	Anthony Miles	16	13.36
Nadia Mellor	(50+)	1.38.65	Mathew Sherlock	16	13.53
Sally Buckingham	(50+)	1.50.14	Ken Woodman	(40+)	13.57
1500 metres			1500 metres		
Sonya Fitzsimmons	(Open)	6.23.20	Garry Cook	(40+)	14.7
Emilya Toney	18	6.26.78	Robert Wilson	16	15.15
Mary Toney	16	6.39.86	Greg Simpson	(40+)	15.53
Grace Gibney	14	6.53.14	Clancy Lloyd	14	16.02
Nadia Mellor	(50+)	7.16.94	Jack Plunkett	14	16.66
Sally Buckingham	(50+)	7.22.87	Dennis Baker	(50+)	17.63
Fay Pearce	(50+)	7.37.50	400 metres		
Annette Zukowski	35+	8.59.04	Jonathan Simmons	(Open)	54.68
3000 metres			3000 metres		
Molly Giggins	14	12.04.89	Zach Jones	18	56.34
Sonya Fitzsimmons	(Open)	13.40.85	Daniel Gibney	18	57.46
Emilya Toney	18	14.15.52	Ben Boyd	18	58.57
Sally Buckingham	(50+)	15.56.51	Chris Barton	18	1.00.83
Fay Pearce	(50+)	16.52.28	Ben Buckingham	18	1.01.14
Marie Aitken	(50+)	17.20.05	Damien Downing	(Open)	1.02.22
80 Metres Hurdles			80 Metres Hurdles		
Mary Toney	16	15.62 (Record)	Matt Cullen	16	1.11.09
Janet Crocos	50+	17.5	Robert Wilson	16	1.15.07
Molly Giggins	14	19.31	Garry Cook	(40+)	1.18.57
Katina Sharpe	14	20.42	Dennis Baker	(50+)	1.27.72
90 Metres Hurdles			1500 metres		
Malory Nankervis	16	16.26	Daniel Gibney	18	4.23.77
Emilya Toney	18	17.44	Ben Buckingham	18	4.27.56
Long Jump			1500 metres		
Catherine Williams	18	4.1	Alan Pearce	(Open)	4.36.34
Emilya Toney	18	3.97	Shane Lewis	(Open)	4.56.49
Danielle Duff	14	3.63	Tim Gibney	14	4.57.31
Charlotte Wallace	14	3.45	David Miles	(Open)	5.20.88
Mary Toney	16	3.41	Robert Wilson	16	5.39.15
Holly Plunkett	14	3.09	Kevin Muller	(Open)	5.41.94
Carina Heppell	(Open)	3.01	Mike Mellor	(50+)	5.49.84
Molly Giggins	14	2.91	Kevin Mahady	(40+)	6.07.78
Katina Sharpe	14	2.76	Greg Simpson	(40+)	6.08.02
Nadia Mellor	(50+)	2.45	Matt Cullen	16	6.10.48
Marlise Cook	(35+)	2.28	Clancy Lloyd	14	6.11.87
Deborah Jones	(35+)	2.03	Bill Pearce	(50+)	6.33.64
Jane Cook	14	1.8	Peter Rogerson	(50+)	6.38.80
			Dennis Baker	(50+)	7.22.35
			Kevin Jones	(40+)	8.10.21

High Jump		
Malory Nankervis	16	1.3
Trini Woodman	14	1.1
Catherine Williams	18	1.5
Holly Plunkett	14	1.4
Emilyya Toney	18	1.25
Molly Giggins	14	1.2
Carina Heppell	(Open)	1.2
Mary Toney	16	1.2
Janet Crocos	(50+)	1.1
Jane Cook	14	1
Katina Sharpe	14	1

Javelin		
Gabby Knight	16	23.73
Janet Crocos	(50+)	16.75
Carina Heppell	(Open)	15.1
Emilyya Toney	18	14.6
Mary Toney	16	12.69
Deborah Jones	(35+)	10.88
Marlise Cook	(35+)	9.79
Rosalie Wilson	(35+)	9.56
Jane Cook	14	8.74
Nadia Mellor	(50+)	6.9

Discus		
Janet Crocos	(50+)	19.99
Carina Heppell	(Open)	17.3
Marlise Cook	(35+)	15.81
Gabby Knight	16	15.2
Danielle Duff	14	14.67
Rosalie Wilson	(35+)	13.31
Deborah Jones	(35+)	11.73
Trini Woodman	14	10.34
Jane Cook	14	9.02

Shot Put		
Gabby Knight	16	8.81
Janet Crocos	(50+)	7.52
Marlise Cook	(35+)	6.25
Deborah Jones	(35+)	5.96
Carina Heppell	(Open)	5.88
Rosalie Wilson	(35+)	4.8
Jane Cook	14	3.98

3000 metres		
Alan Pearce	(Open)	10.03.20
David Miles	(Open)	11.02.62
Paul Gibney	(40+)	11.08.14
Shane Lewis	(Open)	11.57.71
Kevin Muller	(Open)	12.06.99
Mike Mellor	(50+)	12.12.21
Anthony Miles	16	12.24.53
Charles Aitken	(50+)	12.44.62
Mathew Sherlock	16	12.52.58
Bill Pearce	(50+)	13.40.25
Kevin Mahady	(40+)	14.12.14
Peter Rogerson	(50+)	14.18.36
Doug Lloyd	(50+)	14.55.60

100 Metres Hurdles		
Shaun Atley	16	14.91
Matt Cullen	16	21.82

110 Metres Hurdles		
Damien Downing	(Open)	20.77
Sean Wilson	18	21.24

Long Jump		
Nick Raymond	18	5.45
Ben Boyd	18	5.26
Chris Barton	18	5.21
Damien Downing	(Open)	5.16
Zach Jones	18	5.12
Ken Woodman	(40+)	4.66
Matt Cullen	16	4.32
Jack Plunkett	14	3.48
Dennis Baker	(50+)	1.48

High Jump		
Ben Cook	18	1.7
Simon Crocos	18	1.6
Zach Jones	18	1.6
Nick Raymond	18	1.6
Damien Downing	(Open)	1.55
Chris Barton	18	1.45
Ken Woodman	(40+)	1.45
Matt Cullen	16	1.35
Jack Plunkett	14	1.15

Javelin		
Chris Barton	18	53.81 (Record)
Brendon Ashcroft	18	42.85
Zach Jones	18	39.74
Simon Crocos	(Open)	36.03
Ben Cook	18	33.87
Ian Smith	(40+)	29.55
Garry Cook	(40+)	28.69
Nick Raymond	18	27.4
Ken Woodman	(40+)	27.14
Sean Wilson	18	26
Greg Simpson	(40+)	22.27
Matt Cullen	16	20.6
Ben Boyd	18	17.65
Kevin Jones	(40+)	15.2

Discus

Brendon Ashcroft	18	31.46
Zach Jones	18	30.99
Chris Barton	18	30.87
Garry Cook	(40+)	20.39
Simon Crocos	18	19.27
Kevin Jones	(40+)	17.45
Ian Smith	(40+)	17.32
Ben Boyd	18	17.2
Robert Wilson	16	16.32

Shot Put

Chris Barton	18	11.87
Brendon Ashcroft	18	10.91
Zach Jones	18	10.4
Ben Boyd	18	9.64
Shane Lewis	(Open)	8.96
Matt Cullen	16	8.5
Simon Crocos	18	8.03
Garry Cook	(40+)	7.94
Dennis Baker	(50+)	6.98
Mathew Sherlock	16	6.97
Kevin Jones	(40+)	6.83
Robert Wilson	16	6.26
Kevin Muller	(Open)	5.62