

Weekly Results 5th January 2008

Women			Men		
100 metres			100 metres		
Catherine Williams	18	13.26	Zach Jones	18	11.41
Emilya Toney	18	13.54	Ben Boyd	18	11.56
Mary Toney	16	14.16	Chris Barton	18	12.26
Michelle Crocos	(Open)	14.76	Ben Cook	18	12.61
Molly Giggins	14	15.1	Nathan Howse	14	12.88
Bonnie Smith	14	17.74	Matt Cullen	16	13.13
200 metres			200 metres		
Catherine Williams	18	27.61	Kevin Muller	(Open)	13.36
Lisa Ryan	(Open)	30.01	Mathew Sherlock	16	13.65
Michelle Crocos	(Open)	30.5	William Smith	16	14.59
Emilya Toney	18	31.08	Garry Cook	(40+)	14.62
Molly Giggins	14	32.26	Robert Wilson	16	15.02
Karen Hill	(Open)	33.29	Don Chambers	(50+)	15.3
800 metres			200 metres		
Lisa Ryan	(Open)	2.29.02	Zach Jones	18	23.25
Molly Giggins	14	2.46.05	Damien Downing	(Open)	24.74
Mary Toney	16	2.58.43	Ben Cook	18	25.92
Michelle Crocos	(Open)	3.05.22	Nathan Howse	14	27.08
Nadia Mellor	(50+)	3.13.94	Matt Cullen	16	27.46
Bonnie Smith	14	3.17.61	Kevin Muller	(Open)	28.07
Fay Pearce	(50+)	3.36.47	Mathew Sherlock	16	28.15
5000 metres			5000 metres		
Lisa Ryan	(Open)	21.28.39	William Smith	16	30.13
Emilya Toney	18	28.13.41	Greg Simpson	(40+)	30.54
1500M Walk			800 metres		
Molly Giggins	14	12.27.83	Oliver Smith	16	37.17
Long Jump			800 metres		
Catherine Williams	18	4.25	Dennis Baker	(50+)	38.68
Emilya Toney	18	4.13	Adam Byles	(Open)	1.55.49
Karen Hill	(Open)	3.71	Alan Pearce	(Open)	2.14.89
Michelle Crocos	(Open)	3.64	Brent Andersen	14	2.17.69
Mary Toney	16	3.6	Ian Smith	(40+)	2.23.10
Molly Giggins	14	3.52	Troy Megson	(40+)	2.27.92
Bonnie Smith	14	3.09	Kevin Muller	(Open)	2.29.15
Fay Pearce	(50+)	2.7	Tim Hinds	(Open)	2.33.80
Nadia Mellor	(50+)	2.57	William Smith	16	2.37.39
Deborah Jones	(35+)	2.37	Matt Cullen	16	2.38.42
Marlise Cook	(35+)	2.34	Oliver Smith	16	2.48.47
Jane Cook	14	1.94	Greg Simpson	(40+)	2.53.31
Triple Jump			5000 metres		
Marlise Cook	(35+)	5.19	Dennis Baker	(50+)	3.33.21
Catherine Williams	18	9.35	Kevin Jones	(40+)	4.18.82
Michelle Crocos	(Open)	7.55	Alan Pearce	(Open)	17.12.15
Bonnie Smith	14	6.9	Clint Farley	(Open)	17.25.85
Nadia Mellor	(50+)	5.53	Pat Thomas	(40+)	18.13.49
Deborah Jones	(35+)	5.22	Troy Megson	(40+)	20.11.99
			Mike Mellor	(50+)	20.23.46
			Tim Hinds	(Open)	21.11.79
			Paul Smith	(40+)	22.31.42
			Oliver Smith	16	22.52.28
			Doug Lloyd	(50+)	25.53.11
			Robert Lindley	(50+)	30.54.20
			Kevin Jones	(40+)	38.11.88

Javelin		
Michelle Crocos	(Open)	19.91
Emily Toney	18	17.54
Mary Toney	16	14.18
Deborah Jones	(35+)	12.54
Molly Giggins	14	12.19
Rosalie Wilson	(35+)	10.75
Bonnie Smith	14	10.43
Nadia Mellor	(50+)	9.32
Jane Cook	14	7.48

Discus		
Karen Hill	(Open)	17.04
Marlise Cook	(35+)	16.11
Mary Toney	16	15.47
Michelle Crocos	(Open)	14.59
Molly Giggins	14	13.25
Bonnie Smith	14	12.12
Deborah Jones	(35+)	12.06
Fay Pearce	(50+)	10.45
Nadia Mellor	(50+)	10.06
Jane Cook	14	9.38

1500M Walk		
Ben Cook	18	10.08.27
Mathew Sherlock	16	11.45.19

Long Jump		
Damien Downing	(Open)	5.58
Zach Jones	18	5.36
Chris Barton	18	5.16
Ben Cook	18	5.02
Matt Cullen	16	4.56
Ben Boyd	18	4.04
Garry Cook	(40+)	3.81
Greg Simpson	(40+)	3.7
William Smith	16	3.69
Don Chambers	(50+)	3.3
Kevin Jones	(40+)	1.93

Triple Jump		
Don Chambers	(50+)	7.41
Zach Jones	18	11.62
Chris Barton	18	11.18
Matt Cullen	16	9.78
Ben Boyd	18	9.38
Kevin Muller	(Open)	8.72
Garry Cook	(40+)	8.12

Javelin		
Dennis Baker	(50+)	14.01
Chris Barton	18	52.36
Zach Jones	18	48.6
Ben Cook	18	36.5
Ben Boyd	18	32.62
Garry Cook	(40+)	26.81
Kevin Jones	(40+)	22.5
Greg Simpson	(40+)	20.84
Don Chambers	(50+)	19.23
William Smith	16	16.94

Discus		
Zach Jones	18	35.44
Chris Barton	18	35.36
Ben Cook	18	24.93
Ben Boyd	18	24.71
Don Chambers	(50+)	20.82
Garry Cook	(40+)	20.52
Greg Simpson	(40+)	19.59
Dennis Baker	(50+)	18.06
Mathew Sherlock	16	17.19
Kevin Muller	(Open)	16.1
Kevin Jones	(40+)	15.78
Oliver Smith	16	11.04