

Weekly Results 30th September 2007

Women			Men		
100 metres			100 metres		
Emilya Toney	18	13.99	Brendon Ashcroft	18	10.98
Michelle Crocos	(Open)	14.72	Zach Jones	18	11.97
Charlotte Wallace	14	15.01	Ben Boyd	18	12.12
Mary Toney	16	15.11	Damien Downing	(Open)	12.49
Jemma Power	14	15.34	Chris Barton	18	12.61
Janet Crocos	(50+)	15.91	Ben Cook	18	12.71
Katina Sharp	14	16.76	Matt Cullen	16	13.24
Jane Cook	14	19.48	Ian Smith	(40+)	13.39
200 metres			200 metres		
Catherine Williams	18	29.3	Daniel Ryan	16	13.46
Emilya Toney	18	30.25	Ben Buckingham	18	13.55
Michelle Crocos	(Open)	31.3	Don Chambers	(50+)	14.51
Jemma Power	14	31.46	Garry Cook	(40+)	14.66
Mary Toney	16	31.77	Robert Wilson	16	14.9
Charlotte Wallace	14	31.86	Cameron Newbold	16	15
Brianne Buckingham	14	35.27	Greg Simpson	(40+)	15.25
Katina Sharp	14	35.97	Clancy Lloyd	14	15.55
800 metres			800 metres		
Michelle Crocos	(Open)	3.03.52	Jonathan Taylor	14	15.58
Emilya Toney	18	3.11.20	Greg Newbold	(40+)	15.89
Mary Toney	16	3.13.53	Patrick Allen	14	16.6
Brianne Buckingham	14	3.30.46	Dennis Baker	(50+)	16.95
Nadia Mellor	(50+)	3.36.34	200 metres		
Sally Buckingham	(50+)	3.59.42	Brendon Ashcroft	18	22.32
5000 metres			5000 metres		
Sonya Fitzsimmons	(Open)	23.06.69	Zach Jones	18	24.2
Nadia Mellor	(50+)	26.10.00	Ben Boyd	18	25.57
Sally Buckingham	(50+)	27.43.99	Damien Downing	(Open)	26.04
1500M Walk			1500M Walk		
Aliesha Power	14	12.05.09	Chris Barton	18	26.41
Long Jump			Long Jump		
Jemma Power	14	3.79	Ben Cook	18	26.64
Emilya Toney	18	3.61	Ben Buckingham	18	27.34
Michelle Crocos	(Open)	3.17	Matt Cullen	16	27.9
Charlotte Wallace	14	3.04	Daniel Ryan	16	27.93
Carina Heppell	(Open)	3.03	Cameron Newbold	16	29.91
Mary Toney	16	2.95	Don Chambers	(50+)	30.24
Katina Sharp	14	2.58	Garry Cook	(40+)	31.12
Brianne Buckingham	14	2.55	James Darby Wilks		31.31
Nadia Mellor	(50+)	2.35	Jonathan Taylor	14	32.45
Jane Cook	14	1.71	Patrick Allen	14	34.27
Triple Jump			Triple Jump		
Catherine Williams	18	9.12	Greg Newbold	(40+)	36.75
Emilya Toney	18	8.96	Dennis Baker	(50+)	38.82
Mary Toney	16	7.91	800 metres		
Michelle Crocos	(Open)	7.89	Ben Saxon	(Open)	2.13.56
Jemma Power	14	7.82	Ben Buckingham	18	2.17.25
Carina Heppell	(Open)	6.58	Zach Jones	18	2.21.85
Brianne Buckingham	14	6.46	Cameron Newbold	16	2.38.22
Katina Sharp	14	6.46	James Darby Wilks		2.44.41
Janet Crocos	(50+)	5.34	Robert Wilson	16	2.44.96
Jane Cook	14	4.55	Clancy Lloyd	14	2.56.14
			Luke Mafie	16	2.58.00
			Greg Simpson	(40+)	2.58.46
			Matt Cullen	16	3.01.43
			Greg Newbold	(40+)	3.02.20
			Patrick Allen	14	3.03.21
			Garry Cook	(40+)	3.50.88

Javelin

Michelle Crocos	(Open)	18.2
Janet Crocos	(50+)	15.72
Carina Heppell	(Open)	14.62
Emilyya Toney	18	12.9
Mary Toney	16	11.56
Rosalie Wilson	(35+)	10.58
Jane Cook	14	9.14
Jemma Power	14	8.38

Discus

Janet Crocos	(50+)	18.38
Michelle Crocos	(Open)	17.81
Catherine Williams	18	17.3
Marlise Cook	(35+)	16.4
Carina Heppell	(Open)	15.27
Emilyya Toney	18	14.18
Mary Toney	16	13.17
Aliesha Power	14	12.48
Rosalie Wilson	(35+)	11.85
Sally Buckingham	(50+)	10.67
Brianne Buckingham	14	9.91
Jemma Power	14	9.62
Nadia Mellor	(50+)	9.58
Katina Sharp	14	9.38
Jane Cook	14	9.2

5000 metres

Ben Buckingham	18	18.08.47
Ben Saxon	(Open)	18.54.06
Cameron Newbold	16	19.31.34
Mike Mellor	(50+)	20.38.89
Robert Wilson	16	21.33.41
James Darby Wilks		22.05.18
Greg Newbold	(40+)	22.16.23
Luke McPhee	14	22.51.43
Bill Pearce	(50+)	24.22.93
Doug Lloyd	(50+)	24.58.56
Robert Lindley	(50+)	28.43.39
Dennis Baker	(50+)	28.51.56

Long Jump

Brendon Ashcroft	18	5.63
Ben Boyd	18	5.13
Damien Downing	(Open)	5.02
Ben Cook	18	5
Chris Barton	18	4.86
Zach Jones	18	4.27
Daniel Ryan	16	4.14
Matt Cullen	16	3.99
Ben Buckingham	18	3.8
Don Chambers	(50+)	3.49

Triple Jump

Chris Barton	18	11.55
Zach Jones	18	11.41
Damien Downing	(Open)	10.85
Daniel Ryan	16	9.29
Ben Boyd	18	9.12
Matt Cullen	16	8.88
Don Chambers	(50+)	7.97
Greg Simpson	(40+)	7.71
Garry Cook	(40+)	7.66

Javelin

Chris Barton	18	46.42
Zach Jones	18	39.52
Ben Cook	18	34.83
Ben Saxon	(Open)	29.94
Ian Smith	(40+)	27.71
Ben Boyd	18	27.46
Garry Cook	(40+)	24.63
Greg Simpson	(40+)	21.32
Don Chambers	(50+)	20.57

Discus

Brendon Ashcroft	18	32.86
Chris Barton	18	29.58
Daniel Ryan	16	28.38
Zach Jones	18	27.08
Michael Wilson	(Open)	24.88
Ben Cook	18	24.86
Garry Cook	(40+)	21.02
Ian Smith	(40+)	20.12
Greg Simpson	(40+)	19.6
Don Chambers	(50+)	19.16
Ben Boyd	18	19.09
Dennis Baker	(50+)	18.91
Matt Cullen	16	18.62
Robert Wilson	16	18.58
Damien Downing	(Open)	18.11
Ben Buckingham	18	16.91