

Weekly Results 14th October 2007

Women			Men		
100 metres			100 metres		
Catherine Williams	18	13.59	Shane Lewis	(Open)	11.68
Emilya Toney	18	13.75	Damien Downing	(Open)	12.07
Gabby Knight	18	15	Chris Barton	18	12.21
Mary Toney	16	15.05	Simon Crocos	(Open)	12.36
Zoe Porch	18	15.37	Ian Smith	(40+)	12.79
Molly Giggins	14	15.53	David Miles	(Open)	12.93
Janet Crocos	(50+)	15.76	Robert Wilson	16	12.98
Katina Sharpe	14	16.68	Matt Cullen	16	13.36
Jane Cook	14	19.57	Mathew Sherlock	16	13.65
200M			200M		
Catherine Williams	18	28.66	Greg Simpson	(40+)	14.87
Emilya Toney	18	30.26	Garry Cook	(40+)	14.98
Mary Toney	16	32.26	Clancy Lloyd	14	15.82
Katina Sharpe	14	35.5	Cameron Newbold	16	16.77
800M			800M		
Molly Giggins	14	2.45.70	Rhys Bennett	14	16.94
Mary Toney	16	3.09.45	Dennis Baker	(50+)	17.11
Catherine Williams	18	3.18.74	200M		
Emilya Toney	18	3.21.17	Shane Lewis	(Open)	24.75
Nadia Mellor	(50+)	4.08.68	David Miles	(Open)	26.41
5000M			5000M		
Molly Giggins	14	21.00.00	Ian Smith	(40+)	27.22
Sonya Fitzsimmons	(Open)	23.23.38	Matt Cullen	16	27.9
Emilya Toney	18	25.05.57	Mathew Sherlock	16	29.21
Nadia Mellor	(50+)	25.44.20	Cameron Newbold	16	30.65
Fay Pearce	(50+)	27.47.70	Garry Cook	(40+)	31.46
High Jump			High Jump		
Catherine Williams	18	1.5	Robert Wilson	16	31.84
Zoe Porch	18	1.2	Patrick Allen	14	33.06
Gabby Knight	18	1.15	Greg Newbold	(40+)	34.19
Carina Heppell	(Open)	1.1	Rhys Bennett	14	35.49
Triple Jump			Triple Jump		
Sarah Maclure	16	9.17	Dennis Baker	(50+)	36.23
Emilya Toney	18	8.52	Nick Lloyd	14	38.98
Mary Toney	16	8.37	800M		
Molly Giggins	14	7.36	Ben Saxon	(Open)	2.16.68
Carina Heppell	(Open)	7.25	David Miles	(Open)	2.21.64
Katina Sharpe	14	6.47	Cameron Newbold	16	2.41.78
Jane Cook	14	4.3	Robert Wilson	16	2.42.49
Javelin			Javelin		
Gabby Knight	18	26.83	Kevin Muller	(Open)	2.46.81
Emilya Toney	18	15.1	Greg Simpson	(40+)	2.48.74
Janet Crocos	(50+)	14.83	Patrick Allen	14	2.55.43
Carina Heppell	(Open)	13.74	Greg Newbold	(40+)	2.57.21
Mary Toney	16	13.72	Kevin Mahady	(40+)	2.59.22
Deborah Jones	(35+)	11.94	Matt Cullen	16	3.16.27
Rosalie Wilson	(35+)	11.5	Garry Cook	(40+)	3.22.38
Zoe Porch	18	10.56	Doug Lloyd	(50+)	3.23.26
Jane Cook	14	10.14	Dennis Baker	(50+)	3.39.26
Nadia Mellor	(50+)	8.09	5000M		
Katina Sharpe	14	7.95	Brad White	(Open)	17.10.68
			Alan Pearce	(Open)	17.22.63
			Pat Thomas	(40+)	17.46.49
			Ben Saxon	(Open)	18.40.70
			Cameron Newbold	16	18.50.37
			David Miles	(Open)	20.06.06
			Mike Mellor	(50+)	20.47.81
			Shane Lewis	(Open)	21.00.00
			Kevin Muller	(Open)	21.10.00
			Bill Pearce	(50+)	23.12.54
			Greg Newbold	(40+)	23.33.48
			Kevin Mahady	(40+)	24.45.18
			Doug Lloyd	(50+)	25.44.94
			Pat O'Flaherty	(50+)	26.30.60
			Robert Lindley	(50+)	29.00.00

Shot Put		
Gabby Knight	18	8.55
Janet Crocos	(50+)	7.57
Catherine Williams	18	6.59
Carina Heppell	(Open)	6.55
Emilya Toney	18	6.39
Deborah Jones	(35+)	6.33
Rosalie Wilson	(35+)	5.17
Jane Cook	14	4.44

Hammer		
Janet Crocos	(50+)	23.94 (Record)
Gabby Knight	18	19.73
Deborah Jones	(35+)	16.77
Emilya Toney	18	16.1
Rosalie Wilson	(35+)	15.34
Mary Toney	16	14.37

High Jump		
Robert Wilson	16	1.2
Garry Cook	(40+)	1.35
Mathew Sherlock	16	1.4
Matt Cullen	16	1.5
Simon Crocos	(Open)	1.55
Damien Downing	(Open)	1.55
Chris Barton	18	1.6
Daniel Ryan	16	1.6

Triple Jump		
Matt Cullen	16	7.53
Garry Cook	(40+)	7.76
Mathew Sherlock	16	8.14
Robert Wilson	16	8.23
Daniel Ryan	16	9.89
Simon Crocos	(Open)	10.38
Damien Downing	(Open)	10.82
Chris Barton	18	11.15

Javelin		
Dennis Baker	(50+)	14.45
Greg Simpson	(40+)	20.42
Matt Cullen	16	20.95
Sean Wilson	18	25.21
Garry Cook	(40+)	27.82
Ian Smith	(40+)	28.77
Ben Saxon	(Open)	35.67
Simon Crocos	(Open)	39.08
Chris Barton	18	53.23

Shot Put		
Greg Simpson	(40+)	6.43
Dennis Baker	(50+)	6.94
Ben Saxon	(Open)	7.53
Daniel Ryan	16	7.88
Damien Downing	(Open)	8.16
Simon Crocos	(Open)	8.8
Shane Lewis	(Open)	8.84
Matt Cullen	16	9.77
Chris Barton	18	12.67

Hammer		
Robert Wilson	16	12.25
Dennis Baker	(50+)	15.1
Sean Wilson	18	17.99
Simon Crocos	(Open)	19.5
Greg Simpson	(40+)	19.91
Chris Barton	18	38.83