

Weekly Results Saturday 6th January 2007

WOMEN

100 metres

Name	Age	Result
Michelle Crocos	(Open)	14.15
Kim Crowther	(18)	14.54
Karen Hill	(Open)	16.2
Deborah Jones	(35+)	19.52
Jane Cook	(14)	20.61
Marlise Cook	(35+)	23.96

200 metres

Michelle Crocos	(Open)	29.49
Karen Hill	(Open)	34.65
Deborah Jones	(35+)	48.84

800 metres

Fay Pearce	(50+)	3.34.80
Victoria Jones	(18)	3.58.09

400m Hurdles

Michelle Crocos	(Open)	1.14.38
Lara Friesen	(18)	1.23.11

5000 metres

Nadia Mellor	(50+)	24.26.59
Fay Pearce	(50+)	27.33.39

1500M Walk

Kim Crowther	(18)	11.09.60
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Long Jump

Karen Hill	(Open)	3.63
Michelle Crocos	(Open)	3.47
Hannah Jones	(14)	3.47
Victoria Jones	(18)	2.81
Nadia Mellor	(50+)	2.45
Deborah Jones	(35+)	2.21
Fay Pearce	(50+)	1.98
Jane Cook	(14)	1.81

Triple Jump

Michelle Crocos	(Open)	8.26
Karen Hill	(Open)	8.1
Hannah Jones	(14)	7.77
Victoria Jones	(18)	7.18
Marlise Cook	(35+)	5.35

Javelin

Kim Crowther	(18)	17.41
Deborah Jones	(35+)	11.39
Rosalie Wilson	(35+)	10.51
Jane Cook	(14)	10.27
Victoria Jones	(18)	9.51
Marlise Cook	(35+)	9.5

MEN

100 metres

Name	Age	Result
John Adams	(Open)	10.73
Brendon Ashcroft	(18)	10.92
Jason Boulton	(Open)	11.49
Zach Jones	(18)	11.64
Kiale Cowther	(18)	12.37
David Miles	(Open)	12.56
Kris Cowther	(14)	12.61
Ben Cook	(16)	12.85
Ian Smith	(40+)	12.89
Don Chambers	(50+)	14
Kuran Cowther	(16)	15.45
Robert Wilson	(14)	15.87
Dennis Baker	(50+)	17.12

200 metres

John Adams	(Open)	21.78
Brendon Ashcroft	(18)	22.25
Jason Boulton	(Open)	23.5
Zach Jones	(18)	23.91
Ian Smith	(40+)	24.5
Don Chambers	(50+)	29.54
Bill Pearce	(50+)	29.65
Dennis Baker	(50+)	36.15
Kevin Jones	(40+)	44.18

800 metres

Alan Pearce	(Open)	2.07.65
David Miles	(Open)	2.08.69
Zach Jones	(18)	2.28.30
Bill Pearce	(50+)	2.53.83
Doug Lloyd	(50+)	3.10.40
Garry Cook	(40+)	3.21.17
Dennis Baker	(50+)	3.22.26
Kevin Jones	(40+)	3.49.26

400m Hurdles

Don Chambers	(50+)	1.29.84
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5000 metres

Alan Pearce	(Open)	18.13.98
David Miles	(Open)	18.43.86
Sean Wilson	(18)	18.56.82
Tim Hinds	(Open)	19.01.13
Mike Mellor	(50+)	20.56.70
Bill Pearce	(50+)	22.00.18
Doug Lloyd	(50+)	24.29.34
Robert Lindley	(50+)	29.41.35
Kevin Jones	(40+)	33.02.62

Long Jump

Brendon Ashcroft	(18)	5.33
Don Chambers	(50+)	3.64
Kevin Jones	(40+)	2.95

Discus

Michelle Crocos	(Open)	16.52
Marlise Cook	(35+)	14.44
Rosalie Wilson	(35+)	14.13
Victoria Jones	(18)	12.33
Hannah Jones	(14)	11.86
Deborah Jones	(35+)	11.03
Jane Cook	(14)	7.88

Triple Jump

Zach Jones	(18)	12.26
Don Chambers	(50+)	8.51

Pole Vault

Sean Wilson	(18)	2.6
Greg Simpson	(40+)	2.2
Zach Jones	(18)	1.78

Javelin

Brendon Ashcroft	(18)	45.15
Kuran Cowther	(16)	36.8
Ben Cook	(16)	32.71
Kris Cowther	(14)	28.72
Ian Smith	(40+)	27.6
Don Chambers	(50+)	22.23
Kevin Jones	(40+)	18.15
Dennis Baker	(50+)	14.56
Robert Wilson	-(14)	13.08

Discus

Ben Cranney	(Open)	41.28
Brendon Ashcroft	(18)	27.97
Zach Jones	(18)	27.5
Ben Cook	(16)	24.38
Ian Smith	(40+)	22.83
Don Chambers	(50+)	21.49
Dennis Baker	(50+)	19.39
Jamie King	(Open)	18.68
Greg Simpson	(40+)	16.95