

Weekly Results Sunday 22nd October 2006

WOMEN

100 metres

Name	Age	Result
Siobhan Mahony	18	14.11
Lara Friesen	18	14.4
Janet Crocos	(50+)	15.63

400 metres

Lara Friesen	18	1.12.62
Janet Crocos	(50+)	1.19.15
Brianne Buckingham	14	1.21.39
Sally Buckingham	(50+)	1.40.81

1500 metres

Eloise Donohue	(Open)	6.00.12
Siobhan Mahony	18	6.30.80
Jacki Rogerson	18	7.00.58
Sally Buckingham	(50+)	7.29.69
Fay Pearce	(50+)	7.51.19

3000 metres

Eloise Donohue	(Open)	12.50.85
Jacki Rogerson	18	14.50.12
Sally Buckingham	(50+)	15.01.17
Fay Pearce	(50+)	15.57.74

High Jump

Lara Friesen	18	1.35
Siobhan Mahony	18	1.2
Talia Paterson	18	1.2
Janet Crocos	(50+)	1.1
Gabby Knight	16	1.1

Long Jump

Talia Paterson	18	3.7
Hayley Raymond	14	3.66
Gabby Knight	16	3.31
Deborah Jones	(35+)	1.97
Jane Cook	14	1.91
Siobhan Mahony	18	1.7

Shot Put

Gabby Knight	16	8.89
Janet Crocos	(50+)	7.49
Lara Friesen	18	7.02
Deborah Jones	(35+)	5.52
Marlise Cook	(35+)	5.48
Talia Paterson	18	4.92
Hannah Jones	14	4.2
Jane Cook	14	3.98

Discus

Lara Friesen	18	27.36
Talia Paterson	18	18.37
Janet Crocos	(50+)	17.78
Marlise Cook	(35+)	14.58
Deborah Jones	(35+)	11.58
Jane Cook	14	8.18

MEN

100 metres

Name	Age	Result
Brendon Ashcroft	18	11.4
Zach Jones	18	12.23
Ben Boyd	16	12.68
Nick Raymond	16	12.77
Ben Cook	16	12.93
Chris Barton	18	12.94
Simon Crocos	18	13.02
Mick Naldrett	18	13.19
Ben Hartwig	16	13.34
David Miles	(Open)	13.37
Ben Cranney	(Open)	14.19
Anthony Miles	16	14.53
Garry Cook	(40+)	14.81
Greg Simpson	(40+)	15.07
Liam Carey	14	15.56
Greg Newbold	(40+)	16.17
Dennis Baker	(50+)	17.47

400 metres

Will Scholes	(Open)	53.18
Zach Jones	18	54.16
Jonathan Simmons	18	54.35
Ben Boyd	16	58.18
Brendon Ashcroft	18	58.96
Mick Naldrett	18	59.58
Simon Crocos	18	59.91
David Miles	(Open)	59.98
Ian Smith	(40+)	1.00.42
Nick Raymond	16	1.00.88
Ben Buckingham	16	1.05.79
Ben Hartwig	16	1.06.84
Anthony Miles	16	1.08.30
Greg Simpson	(40+)	1.08.50
Marco Zovic	(50+)	1.09.89
Liam Carey	14	1.10.00
Bill Pearce	(50+)	1.10.94
Greg Newbold	(40+)	1.16.50
Dennis Baker	(50+)	1.21.66
Garry Cook	(40+)	1.22.91

1500 metres

Alan Pearce	(Open)	4.43.20
Pat Thomas	(40+)	4.49.29
Zach Jones	18	4.54.26
Ben Buckingham	16	5.02.67
Tim Hinds	(Open)	5.23.40
Mick Naldrett	18	5.39.38
Marco Zovic	(50+)	5.48.88
Greg Newbold	(40+)	5.53.09
Bill Pearce	(50+)	6.06.99
Tom Condon	18	6.16.98
Ben Hartwig	16	7.05.49
Ben Cook	16	7.08.93
Ben Boyd	16	7.09.32
Dennis Baker	(50+)	7.09.70

3000 metres

Alan Pearce	(Open)	9.50.22
Pat Thomas	(40+)	9.54.05
Ben Buckingham	16	10.53.58
Tim Hinds	(Open)	11.23.20
David Miles	(Open)	11.37.50
Mick Naldrett	18	11.59.78
Richard Smyth	(Open)	12.05.81
Marco Zovic	(50+)	12.17.85
Bill Pearce	(50+)	12.41.63
Greg Newbold	(40+)	13.04.01
Anthony Miles	16	13.31.69
Tom Condon	18	14.28.43
Doug Lloyd	(50+)	14.48.18

High Jump

Ben Cook	16	1.6
Simon Crocos	18	1.55
Nick Raymond	16	1.55
Chris Barton	18	1.5
Mick Naldrett	18	1.45
Greg Simpson	(40+)	1.25

Long Jump

Will Scholes	(Open)	5.88
Brendon Ashcroft	18	5.58
Nick Raymond	16	5.28
Ben Boyd	16	5.21
Jonathan Simmons	18	4.99
Chris Barton	18	4.82
Simon Crocos	18	4.62
Liam Carey	14	3.91
Greg Simpson	(40+)	3.77
Garry Cook	(40+)	3.76
Bill Pearce	(50+)	3.65
Dennis Baker	(50+)	1.48

Shot Put

Ben Cranney	(Open)	12.03
Chris Barton	18	9.8
Simon Crocos	18	9.25
Will Scholes	(Open)	8.57
Ben Cook	16	7.41
Kevin Jones	(40+)	7.13
Ben Hartwig	16	6.76
Greg Simpson	(40+)	6.5
Dennis Baker	(50+)	6.1

Discus

Ben Cranney	(Open)	40.81
Chris Barton	18	29.01
Brendon Ashcroft	18	27.95
Nick Raymond	16	21.7
Liam Carey	14	20.85
Ben Hartwig	16	20.72
Will Scholes	(Open)	20.45
Garry Cook	(40+)	20.25
Greg Simpson	(40+)	19.9
Kevin Jones	(40+)	18.73
Dennis Baker	(50+)	17.65
Simon Crocos	18	15.17