

Weekly Results Thursday 21st December 2006

WOMEN			MEN		
100 metres			100 metres		
<i>Name</i>	<i>Age</i>	<i>Result</i>	<i>Name</i>	<i>Age</i>	<i>Result</i>
Emilya Toney	(16)	14.18	Brendon Ashcroft	(18)	11.35
Catherine Williams	(18)	14.20	David Miles	(Open)	12.85
Lara Friesen	(18)	14.62	Simon Crocos	(18)	12.88
Michelle Crocos	(Open)	14.64	Chris Barton	(18)	13.13
Gabby Knight	(16)	14.67	Ben Cook	(16)	13.18
Mary Toney	(14)	15.47	Don Chambers	(50+)	14.24
Janet Crocos	(50+)	15.62	Bill Pearce	(50+)	14.38
Ashlea Bennett	(16)	18.62	Ben Buckingham	(16)	15.22
Deborah Jones	(35+)	19.79	Garry Cook	(40+)	15.30
Jane Cook	(14)	20.60	Greg Newbold	(40+)	16.82
400 metres			400 metres		
Michelle Crocos	(Open)	1.09.26	David Miles	(Open)	55.68
Lara Friesen	(18)	1.11.84	Graeme Brown	(Open)	58.41
Alyssa Wickham	(Open)	1.21.08	Pat Thomas	(40+)	1.04.71
Jacki Rogerson	(18)	1.32.16	Ben Buckingham	(16)	1.08.88
Nadia Mellor	(50+)	1.41.42	Greg Newbold	(40+)	1.09.43
Fay Pearce	(50+)	1.41.62	Dennis Baker	(50+)	1.26.71
1500 metres			1500 metres		
Fiona King	(35+)	5.36.46	David Miles	(Open)	4.34.65
Alyssa Wickham	(Open)	5.45.42	Ben Buckingham	(16)	4.55.91
Jo Hem	(35+)	5.54.24	Graeme Brown	(Open)	5.22.22
Mary Toney	(14)	6.43.05	Greg Newbold	(40+)	5.33.04
Brianne Buckingham	(14)	7.00.02	Greg Simpson	(40+)	5.48.24
Jacki Rogerson	(18)	7.06.40	Bill Pearce	(50+)	5.53.28
Sally Buckingham	(50+)	7.16.86	Peter Rogerson	(50+)	6.51.80
Karen Hill	(Open)	7.26.24	3000 metres		
Fay Pearce	(50+)	7.26.42	Alan Pearce	(Open)	10.01.75
3000 metres			Ben Buckingham	(16)	10.42.02
Fiona King	(35+)	12.15.76	Pat Thomas	(40+)	10.50.33
Alyssa Wickham	(Open)	12.48.80	Tim Hinds	(Open)	10.54.82
Jo Hem	(35+)	12.49.51	Andrew Smith	(Open)	11.49.51
Nadia Mellor	(50+)	14.25.18	Will Chambers	(14)	12.14.59
Jacki Rogerson	(18)	15.38.96	Mike Mellor	(50+)	12.23.58
Sally Buckingham	(50+)	15.47.94	Richard Smyth	(Open)	12.31.47
Fay Pearce	(50+)	15.55.66	Bill Pearce	(50+)	13.35.16
Emilya Toney	(16)	16.40.92	Peter Rogerson	(50+)	14.33.59
80 Metre Hurdles			Dennis Baker	(50+)	15.30.59
Mary Toney	(14)	14.78	Kevin Jones	(40+)	17.15.47
Janet Crocos	(50+)	17.35	Robert Lindley	(50+)	17.25.60
90 Metre Hurdles			100 Metre Hurdles		
Emilya Toney	(16)	19.11	Ben Buckingham	-(16)	20.09
100 Metre Hurdles			Don Chambers	(50+)	20.32
Lara Friesen	(18)	17.07			
Michelle Crocos	(Open)	17.31			

High Jump

Catherine Williams	(18)	1.40
Gabby Knight	(16)	1.20
Emilya Toney	(16)	1.20
Janet Crocos	(50+)	1.10

Triple Jump

Catherine Williams	(18)	9.23
Emilya Toney	(16)	8.84
Mary Toney	(14)	8.45
Karen Hill	(Open)	8.06
Gabby Knight	(16)	7.72

Shot Put

Gabby Knight	(16)	8.66
Janet Crocos	(50+)	7.80
Lara Friesen	(18)	7.59
Michelle Crocos	(Open)	6.35
Catherine Williams	(18)	6.34
Emilya Toney	(16)	5.99
Deborah Jones	(35+)	5.49
Jane Cook	(14)	3.56

Javelin

Gabby Knight	(16)	21.55
Lara Friesen	(18)	20.10
Michelle Crocos	(Open)	19.27
Janet Crocos	(50+)	18.54
Deborah Jones	(35+)	12.70
Emilya Toney	(16)	12.09
Mary Toney	(14)	11.22
Hannah Jones	(14)	9.89
Jane Cook	(14)	8.34

Discus

Lara Friesen	(18)	21.76
Gabby Knight	(16)	21.19
Janet Crocos	(50+)	20.72
Michelle Crocos	(Open)	16.75
Deborah Jones	(35+)	13.40
Mary Toney	(14)	13.16
Hannah Jones	(14)	11.47
Jane Cook	(14)	9.82

High Jump

Zach Jones	(18)	1.65
Brendon Ashcroft	(18)	1.60
Chris Barton	(18)	1.60
Ben Cook	(16)	1.60
Simon Crocos	(18)	1.50
Garry Cook	(40+)	1.35
Will Chambers	(14)	1.20
Don Chambers	(50+)	1.15
Tom Chambers	(14)	1.15

Triple Jump

Brendon Ashcroft	(18)	11.30
Don Chambers	(50+)	8.29
Tom Chambers	(14)	7.83
Will Chambers	(14)	7.50

Shot Put

Chris Barton	(18)	11.92
Brendon Ashcroft	(18)	10.43
Simon Crocos	(18)	10.17
Ben Cook	(16)	9.80
Don Chambers	(50+)	8.82
Zach Jones	(18)	8.58
Graeme Brown	(Open)	8.48
Garry Cook	(40+)	8.48
Kevin Jones	(40+)	7.71
Ben Buckingham	(16)	7.47
Greg Simpson	(40+)	6.34
Tim Hinds	(Open)	5.71
Will Chambers	(14)	5.21
Tom Chambers	(14)	4.68

Javelin

Chris Barton	(18)	51.37
Brendon Ashcroft	(18)	41.02
Simon Crocos	(18)	37.46
Zach Jones	(18)	37.24
Ben Cook	(16)	32.63
Don Chambers	(50+)	21.34
Kevin Jones	(40+)	19.41
Dennis Baker	(50+)	14.35
Will Chambers	(14)	13.11
Tom Chambers	(14)	11.45

Discus

Chris Barton	(18)	31.58
Brendon Ashcroft	(18)	28.49
Simon Crocos	(18)	24.76
Zach Jones	(18)	23.44
Ben Cook	(16)	23.41
Dennis Baker	(50+)	21.35
Garry Cook	(40+)	20.20
Greg Simpson	(40+)	19.79
Graeme Brown	(Open)	19.03
Don Chambers	(50+)	18.04