

Weekly Results Saturday 18th February 2007

WOMEN

100 metres

Name	Age	Result
Catherine Williams	(18)	13.84
Emilya Toney	(16)	13.89
Lara Friesen	(18)	14.36
Gabby Knight	(16)	14.48
Simone Young	(18)	14.65
Mary Toney	(14)	15.3
Janet Crocos	(50+)	15.63
Victoria Jones	(18)	16.34
Deborah Jones	(35+)	19.66
Jane Cook	(14)	21.99

400 metres

Simone Young	(18)	1.04.48
Emilya Toney	(16)	1.11.05
Mary Toney	(14)	1.14.10
Nadia Mellor	(50+)	1.27.01

1500 metres

Simone Young	(18)	5.42.62
Catherine Williams	(18)	6.28.36
Emilya Toney	(16)	7.01.42
Jacki Rogerson	(18)	7.08.67
Hannah Jones	(16)	7.27.07
Nadia Mellor	(50+)	7.32.53
Fay Pearce	(50+)	7.47.08
Janet Crocos	(50+)	7.57.49

3000 metres

Nadia Mellor	(50+)	14.17.15
Emilya Toney	(16)	14.32.34
Jacki Rogerson	(18)	14.51.77
Fay Pearce	(50+)	16.10.78
Karen Hill	(Open)	17.47.23

High Jump

Catherine Williams	(18)	1.45
Simone Young	(18)	1.45
Lara Friesen	(18)	1.35
Janet Crocos	(50+)	1.15
Hannah Jones	(16)	1.05

Long Jump

Catherine Williams	(18)	4.34
Karen Hill	(Open)	3.9
Lara Friesen	(18)	3.81
Emilya Toney	(16)	3.54
Mary Toney	(14)	3.41
Gabby Knight	(16)	2.81
Victoria Jones	(18)	2.41
Jacki Rogerson	(18)	2.37
Deborah Jones	(35+)	2.28
Nadia Mellor	(50+)	2.27
Hannah Jones	(16)	2.23
Fay Pearce	(50+)	2.23
Jane Cook	(14)	1.82

MEN

100 metres

Name	Age	Result
Brendon Ashcroft	(18)	11.51
Zach Jones	(18)	12.7
Simon Crocos	(18)	12.75
Ben Cook	(16)	12.91
Chris Barton	(18)	13.02
Nick Raymond	(16)	13.09
Scott Fraser	(Open)	13.33
Troy Megson	(Open)	14.59
Garry Cook	(40+)	15.25
Dennis Baker	(50+)	17.79

400 metres

Ben Boyd	(16)	55.52
Graeme Brown	(Open)	55.72
Brendon Ashcroft	(18)	57
Alan Pearce	(Open)	58.6
Troy Megson	(Open)	1.07.54
Garry Cook	(40+)	1.23.43

1500 metres

Alan Pearce	(Open)	4.40.94
Pat Thomas	(40+)	4.48.35
Troy Megson	(Open)	5.15.52
Richard Smyth	(Open)	5.26.48
Mike Mellor	(50+)	5.41.05
Graeme Brown	(Open)	5.46.90
Bill Pearce	(50+)	6.17.04
Scott Fraser	(Open)	6.34.37
Dennis Baker	(50+)	8.08.66
Kevin Jones	(40+)	9.01.16

3000 metres

Alan Pearce	(Open)	10.03.39
Pat Thomas	(40+)	10.14.94
Zach Jones	(18)	11.03.04
Troy Megson	(Open)	11.19.25
Mike Mellor	(50+)	11.53.76
Richard Smyth	(Open)	12.01.37
Bill Pearce	(50+)	13.12.68
Greg Simpson	(40+)	13.36.36
Scott Fraser	(Open)	14.12.54
Graeme Brown	(Open)	14.46.39
Garry Cook	(40+)	16.35.82
Dennis Baker	(50+)	17.00.37
Kevin Jones	(40+)	17.03.57
Robert Lindley	(50+)	17.14.73

High Jump

Ben Cook	(16)	1.65
Simon Crocos	(18)	1.55
Brendon Ashcroft	(18)	1.5
Nick Raymond	(16)	1.5
Chris Barton	(18)	1.4
Zach Jones	(18)	1.35
Kevin Jones	(40+)	1.05

Shot Put			Long Jump		
Gabby Knight	(16)	8.47	Nick Raymond	(16)	5.06
Janet Crocos	(50+)	7.89	Ben Boyd	(16)	4.84
Lara Friesen	(18)	7.17	Simon Crocos	(18)	4.73
Catherine Williams	(18)	6.95	Chris Barton	(18)	4.52
Simone Young	(18)	6.37	Garry Cook	(40+)	3.11
Deborah Jones	(35+)	6.13	Kevin Jones	(40+)	2.57
Mary Toney	(14)	6.06	Shot Put		
Emilya Toney	(16)	5.84	Chris Barton	(18)	12.47
Victoria Jones	(18)	5.36	Nick Raymond	(16)	10.51
Hannah Jones	(16)	5.31	Zach Jones	(18)	10.46
Jane Cook	(14)	4.51	Brendon Ashcroft	(18)	10.24
Discus			Simon Crocos	(18)	10.02
Lara Friesen	(18)	23.06	Ben Boyd	(16)	10.01
Simone Young	(18)	18.45	Ben Cook	(18)	9.64
Janet Crocos	(50+)	18.14	Kevin Jones	(40+)	8.1
Victoria Jones	(18)	16.61	Garry Cook	(40+)	7.94
Emilya Toney	(16)	15.84	Dennis Baker	(50+)	7.2
Mary Toney	(14)	14.45	Greg Simpson	(40+)	6.63
Hannah Jones	(16)	12.99	Discus		
Deborah Jones	(35+)	11.46	Chris Barton	(18)	31.27
Gabby Knight	(16)	10.58	Ben Cook	(16)	30.12
Jane Cook	(14)	6.47	Brendon Ashcroft	(18)	29.42
			Zach Jones	(18)	28.21
			Ben Boyd	(16)	26.69
			Nick Raymond	(16)	25.33
			Simon Crocos	(18)	25.2
			Scott Fraser	(Open)	23.86
			Graeme Brown	(Open)	22.98
			Greg Simpson	(40+)	20.33
			Troy Megson	(Open)	19.78
			Dennis Baker	(50+)	18.8
			Garry Cook	(40+)	18.13
			Kevin Jones	(40+)	16.88

4 x 100 metre Relay

1st	U18	50.21
Zach Jones		
Simon Crocos		
Chris Barton		
Ben Boyd		
2nd	U16	56.70
Gabby Knight		
Mary Toney		
Emilya Toney		
Ben Cook		
3rd	Open	1.02.89
Dennis Baker		
Scott Fraser		
Troy Megson		
Graeme Brown		