

# Weekly Results Sunday 10th December 2006

## WOMEN

### 100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Catherine Williams	(18)	13.94
Siobhan Mahony	(18)	14.19
Talia Paterson	(18)	15.7
Jane Cook	(14)	20.24
Deborah Jones	(35+)	21.95

### 400 metres

Siobhan Mahony	(18)	1.08.36
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### 1500 metres

Jacki Rogerson	(18)	7.38.07
Sally Buckingham	(50+)	8.02.63
Fay Pearce	(50+)	8.10.94

### 3000 metres

Jacki Rogerson	(18)	15.34.86
Sally Buckingham	(50+)	16.08.23
Hannah Jones	(16)	18.29.14

### High Jump

Catherine Williams	(18)	1.45
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### Long Jump

Catherine Williams	(18)	4.14
Hannah Jones	(16)	3.09
Marlise Cook	(35+)	2.43
Deborah Jones	(35+)	2.3
Jane Cook	(14)	1.95

### Shot Put

Gabby Knight	(18)	9.31
Deborah Jones	(35+)	5.45
Jane Cook	(14)	3.86
Hannah Jones	(16)	3.65

### Discus

Gabby Knight	(16)	26.67
Catherine Williams	(18)	18.68
Marlise Cook	(35+)	16.7
Deborah Jones	(35+)	11.48
Jane Cook	(14)	10.29

## MEN

### 100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Jonathan Simmons	-(18)	11.69
Nick Raymond	-(16)	12.00
Zach Jones	-(18)	12.14
Ben Cook	-(16)	12.80
Mick Naldrett	-(18)	13.15
Ben Hartwig	-(16)	13.25
Bill Barker	(40+)	13.64
Don Chambers	(50+)	14.57
Mathew Sherlock	-(16)	14.77
Garry Cook	(40+)	14.80
Clancy Lloyd	-(14)	15.99
Dennis Baker	(50+)	17.07
Nick Lloyd	-(14)	19.18

### 400 metres

Jonathan Simmons	(18)	53.88
Mick Naldrett	(18)	1.00.38
Ben Buckingham	(16)	1.04.83
Bill Barker	(40+)	1.06.87
Greg Simpson	(40+)	1.07.91
Don Chambers	(50+)	1.16.70
Garry Cook	(40+)	1.25.36
Doug Lloyd	(50+)	1.41.38
Nick Lloyd	(14)	1.41.90

### 1500 metres

Peter Rogerson	(50+)	7.34.13
Doug Lloyd	(50+)	6.43.84
Ben Buckingham	(16)	5.15.92
Alan Pearce	(Open)	4.52.58
Kevin Jones	(40+)	10.33.69

### 3000 metres

Alan Pearce	(Open)	10.12.78
Ben Buckingham	(16)	11.19.48
Bill Pearce	(50+)	13.56.97
Doug Lloyd	(50+)	14.13.27
Peter Rogerson	(50+)	14.53.27
Dennis Baker	(50+)	15.46.72
Robert Lindley	(50+)	17.21.65
Kevin Jones	(40+)	19.00.23

### High Jump

Ben Cook	(16)	1.70
Zach Jones	(18)	1.60
Nick Raymond	(16)	1.60
Ben Hartwig	(16)	1.25
Don Chambers	(50+)	1.10
Kevin Jones	(40+)	1.10

### Long Jump

Jonathan Simmons	(18)	5.17
Nick Raymond	(16)	5.16
Garry Cook	(40+)	3.98
Ben Buckingham	(16)	3.82
Don Chambers	(50+)	3.80
Greg Simpson	(40+)	3.76

### Shot Put

Don Chambers	(50+)	9.81
Ben Cook	(16)	9.54
Zach Jones	(18)	8.95
Mick Naldrett	(18)	8.47
Garry Cook	(40+)	8.18
Kevin Jones	(40+)	7.88
Dennis Baker	(50+)	7.26
Mathew Sherlock	(16)	7.13
Greg Simpson	(40+)	6.22

### Discus

Ben Cook	(16)	30.46
Zach Jones	(18)	28.88
Nick Raymond	(16)	27.76
Bill Barker	(40+)	23.31
Ben Hartwig	(16)	20.72
Dennis Baker	(50+)	20.68
Greg Simpson	(40+)	19.89
Don Chambers	(50+)	19.79
Garry Cook	(40+)	18.99
Mathew Sherlock	(16)	16.58
Kevin Jones	(40+)	15.69