

## Weekly Results Sunday 22nd January 2006

### WOMEN

#### 100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Catherine Williams	16	13.78
Siobhan Mahony	16	13.93
Lara Friesen	16	14.35
Talia Paterson	18	15.31
Bridget Josephs	18	16.82
Elizabeth Josephs	16	18.83

#### 200 metres

Catherine Williams	16	29.20
Siobhan Mahony	16	29.21

#### 800 metres

Elizabeth Josephs	16	2.58.18
Brianne Buckingham	14	3.18.66
Fay Pearce	35+	3.30.96
Sally Buckingham	35+	3.49.00

#### 3000 metres

Sonya Fitzsimmons	Open	13.09.54
Fay Pearce	35+	15.16.06
Sally Buckingham	35+	16.31.73

#### Long Jump

Danielle Duff	14	3.23
---------------	----	------

#### Triple Jump

Catherine Williams	16	9.42
Siobhan Mahony	16	9.07
Lara Friesen	16	8.78
Talia Paterson	18	8.16
Danielle Duff	14	7.32

#### Javelin

Lara Friesen	16	21.49
Talia Paterson	18	17.95
Rosalie Wilson	35+	10.59
Morgan Barker	18	10.35
Danielle Duff	14	6.33

### MEN

#### 100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Brendon Ashcroft	16	11.47
Tim Davidson	18	12.2
Zach Jones	16	12.47
David Miles	Open	12.62
Graeme Brown	Open	12.65
Ian Smith	40+	12.84
Chris Barton	16	13.29
Ben Cook	16	13.90
Martin Hobbs		13.95
Patrick Josephs	18	13.99
Garry Cook	40+	14.45
Greg Newbold	40+	14.79
Ben Buckingham	16	14.88
Myles Simpson	18	14.90
Greg Simpson	40+	15.03
Dennis Baker	50+	17.50
Robert Wilson	14	17.85

#### 200 metres

Brendon Ashcroft	16	22.87
Ben Klappett	16	28.46
Garry Cook	40+	31.60
Greg Newbold	40+	32.78
Marco Zovic	50+	35.90
Dennis Baker	50+	37.81

**Discus**

Lara Friesen	16	23.80
Morgan Barker	18	21.87
Catherine Williams	16	18.59
Talia Paterson	18	14.70
Rosalie Wilson	35+	13.76
Danielle Duff	14	11.10

**800 metres**

Wayne Heath	Open	2.01.08
Shaun Guthridge	Open	2.03.76
David Miles	Open	2.05.91
Zach Jones	16	2.13.56
Alan Pearce	Open	2.14.25
Richard Smyth	Open	2.21.42
Patrick Josephs	18	2.28.06
Ben Buckingham	16	2.32.36
Des Rees	50+	2.36.22
Ben Klappett	16	2.41.24
Greg Newbold	40+	2.42.52
Marco Zovic	50+	2.45.55
Dennis Baker	50+	3.20.96

**3000 metres**

Alan Pearce	Open	10.32.02
Sean Wilson	16	10.32.41
Damien Clark	Open	11.04.07
Zach Jones	16	11.38.44
Shaun Guthridge	Open	11.38.57
Richard Smyth	Open	11.59.53
Ben Buckingham	16	12.15.64
Des Rees	50+	12.30.05
Greg Newbold	40+	12.46.48
Marco Zovic	50+	13.13.85
Graeme Brown	Open	15.40.87

**Long Jump**

Tim Davidson	18	5.24
Lauchlan Duff	18	4.38

**Triple Jump**

Ben Klappett	16	9.67
Robert Wilson	14	5.63

### **Pole Vault**

Sean Wilson	16	2.40
Greg Simpson	40+	2.30
Zach Jones	16	2.10
Chris Barton	16	2.00
Myles Simpson	18	1.90

### **Javelin**

Brendon Ashcroft	16	35.98
Chris Barton	16	42.33
Garry Cook	40+	33.11
Tim Davidson	18	32.5
Ben Klappett	16	28.31
Ian Smith	40+	28.15
Lauchlan Duff	18	27.04
Greg Simpson	40+	25.58
Ben Cook	16	24.21
Myles Simpson	18	16.10
Robert Wilson	14	11.17

### **Discus**

Brendon Ashcroft	16	33.97
Chris Barton	16	32.18
Tim Davidson	18	29.84
Lauchlan Duff	18	25.89
Ben Klappett	16	24.70
Ben Cook	16	20.61
Garry Cook	40+	18.91
Dennis Baker	50+	18.64
Greg Simpson	40+	17.39
Myles Simpson	18	14.06
Robert Wilson	14	10.98