

Weekly Results Sunday 20th November 2005

WOMEN			MEN		
100 metres			100 metres		
Name	Age	Result	Name	Age	Result
Michelle Crocos	Open	14.03	Brendon Ashcroft	16	11.39
Simone Young	16	14.15	Tim Davidson	18	11.91
Siobhan Mahony	16	14.24	Zach Jones	16	12.53
Laura Bonacci	Open	14.75	Shaun Guthridge	Open	13.07
Morgan Barker	18	17.99	Mick Naldrett	16	13.19
200 metres			200 metres		
Michelle Crocos	Open	28.07	Simon Crocos	18	13.2
Simone Young	16	28.26	Ian Smith	40+	13.2
Siobhan Mahony	16	29.53	Chris Barton	16	13.46
800 metres			800 metres		
Michelle Crocos	Open	2.30.31	Bill Barker	40+	13.49
Simone Young	16	2.31.17	Ken Woodman	40+	13.51
Sally Buckingham	35+	4.01.34	Graeme Brown	Open	13.87
5000M			5000M		
Sonya Fitzsimmons	Open	21.21.18	Sean Wilson	16	13.89
Cerina Meredith	35+	24.35.90	Ben Cook	16	13.95
Sally Buckingham	35+	27.21.24	Glenn Hooker	40+	14.15
Fay Pearce	35+	27.44.72	Greg Simpson	40+	14.44
Jacki Rogerson	18	28.38.27	Don Chambers	50+	14.81
Long Jump			200 metres		
Lara Friesen	16	4.22	Brendon Ashcroft	16	23.09
Michelle Crocos	Open	4.03	Tim Davidson	18	24.43
Laura Bonacci	Open	3.93	Zach Jones	16	24.66
Siobhan Mahony	16	3.63	Bill Barker	40+	27.81
Michaela Strelec	18	3.52	Ken Woodman	40+	28
Danielle Duff	14	3.12	Sean Wilson	16	28.43
High Jump			High Jump		
Morgan Barker	18	1.2	Graeme Brown	Open	28.94
Simone Young	16	1.45	Glenn Hooker	40+	29.28
Michelle Crocos	Open	1.35	Greg Simpson	40+	29.62
Lara Friesen	16	1.35	Don Chambers	50+	30.68
Laura Bonacci	Open	1.25	Ben Buckingham	16	30.77
Janet Crocos	35+	1.15	Myles Simpson	18	32.32
			Greg Newbold	40+	33.11
			Garry Cook	40+	33.57

Javelin

Morgan Barker	18	13.41
Lara Friesen	16	22.5
Michelle Crocos	Open	21.7
Janet Crocos	35+	16.24
Laura Bonacci	Open	11.94
Simone Young	16	11.63
Rosalie Wilson	35+	10.38
Danielle Duff	14	8.78
Michaela Strelec	18	7.76

Shot Put

Morgan Barker	18	6.44
Lara Friesen	16	7.24
Janet Crocos	35+	7.22
Simone Young	16	7.19
Michaela Strelec	18	5.8
Laura Bonacci	Open	5.49
Danielle Duff	14	4.83

Hammer

Morgan Barker	18	16.62
Janet Crocos	35+	19.05
Michelle Crocos	Open	17.24
Simone Young	16	15.38
Lara Friesen	16	14.93
Rosalie Wilson	35+	13.68
Michaela Strelec	18	7.82

800 metres

Shaun Guthridge	Open	2.12.13
Alan Pearce	Open	2.14.20
Mick Naldrett	16	2.19.01
Sean Wilson	16	2.20.73
Ian Smith	40+	2.25.25
Ben Buckingham	16	2.30.78
Graeme Brown	Open	2.44.05
Bill Barker	40+	2.46.08
Bill Pearce	50+	2.50.70
Greg Newbold	40+	2.51.45
Ben Klappett	16	2.55.39
Don Chambers	50+	4.01.34

5000M

Shaun Guthridge	Open	18.18.02
Alan Pearce	Open	18.52.65
Oliver Upton	16	19.02.67
Ben Buckingham	16	19.49.31
Bill Pearce	50+	21.45.51
Greg Newbold	40+	22.01.84
Charles Aitken	50+	22.13.68
Peter Rogerson	50+	23.46.84
Robert Lindley	50+	29.05.89

Long Jump

Ian Smith	40+	5.16
Zach Jones	16	4.82
Shaun Guthridge	Open	4.77
Chris Barton	16	4.76
Tim Davidson	18	4.6
Ken Woodman	40+	4.45
Mick Naldrett	16	4.38
Simon Crocos	18	4.14
Glenn Hooker	40+	4.14
Sean Wilson	16	3.84
Tom Griffiths	14	3.71

High Jump

Will Scholes	Open	1.65
Ben Klappett	16	1.55
Zach Jones	16	1.5
Ben Cook	16	1.45
Chris Barton	16	1.4
Graeme Brown	Open	1.4
Ben Griffiths	14	1.4
Mick Naldrett	16	1.4
Shaun Guthridge	Open	1.3
Tim Davidson	18	1.25
Myles Simpson	18	1.25
Greg Simpson	40+	1.2
Kevin Jones	40+	1.15
Simon Crocos	18	1

Javelin

Tim Davidson	18	40.66
Zach Jones	16	36.7
Will Scholes	Open	36.11
Brendon Ashcroft	16	35.03
Bill Barker	40+	34.84
Simon Crocos	18	32.19
Ian Smith	40+	31.63
Garry Cook	40+	31.09
Chris Barton	16	30.94
Ken Woodman	40+	29.23
Lauchlan Duff	18	27.02
Ben Klappett	16	26.19
Greg Simpson	40+	22.26
Ben Cook	16	20.07
Don Chambers	50+	19.04
Ben Griffiths	14	18.43
Kevin Jones	40+	17.2
Myles Simpson	18	16.95
Tom Griffiths	14	14.62

Shot Put

Ben Cranney		13.85
Chris Barton	16	12.6
Brendon Ashcroft	16	11.61
Tim Davidson	18	11.4
Lauchlan Duff	18	10.61
Mick Naldrett	16	9.44
Will Scholes	Open	9.12
Simon Crocos	18	8.93
Don Chambers	50+	8.65
Bill Barker	40+	8.57
Graeme Brown	Open	8.43
Ben Klappett	16	8.15
Ken Woodman	40+	7.87
Glenn Hooker	40+	7.73
Ian Smith	40+	7.35
Greg Simpson	40+	6.25
Myles Simpson	18	5.55

Hammer

Chris Barton	16	27.49
Zach Jones	16	26.1
Lauchlan Duff	18	22.76
Ben Klappett	16	22.35
Tim Davidson	18	20.86
Simon Crocos	18	18.42
Don Chambers	50+	18.25
Will Scholes	Open	17.48
Sean Wilson	16	17.29
Greg Simpson	40+	17.26
Garry Cook	40+	16.1
Kevin Jones	40+	15.71
Mick Naldrett	16	14.77
Ben Cook	16	14.47
Ken Woodman	40+	14.13
Tom Griffiths	14	11.05
Ben Griffiths	14	9.35
Myles Simpson	18	9.18