

# Weekly Results Sunday 1st October 2005

## WOMEN

### 100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Michelle Crocos	Open	14.14
Lara Friesen	16	14.43
Talia Paterson	18	15.6
Janet Crocos	35+	15.62
Hannah Jones	14	16.14
Jacque Star	14	16.34
Morgan Barker	18	17.62
Rita Star	35+	18.35

### 200 metres

Michelle Crocos	Open	28.84
Lara Friesen	16	30.6
Bonnie Munday	14	30.89
Janet Crocos	35+	34.28
Jacque Star	14	38.46
Rita Star	35+	41.79

### 800 metres

Michelle Crocos	Open	2.39.27
Jacki Rogerson	18	3.48.28

### 5000 metres

Sonia Fitzsimmons	Open	24.11.11
Fay Pearce	35+	27.19.32
Jacki Rogerson	18	28.17.99
Jenni Munday	35+	28.25.63

### Long Jump

Lara Friesen	16	4.46
Michelle Crocos	Open	3.96
Talia Paterson	18	3.82
Janet Crocos	35+	3.5
Bonnie Munday	14	3.4
Hannah Jones	14	3.23
Jacque Star	14	3.03
Rita Star	35+	2.76

## MEN

### 100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Brendon Ashcroft	16	11.6
Ben Saxon	Open	12.1
Zach Jones	16	12.63
David Miles	Open	12.87
Chris Barton	16	13.31
Bill Barker	40+	13.39
Michael Naldrett	16	13.47
Keiran Lawrence	16	13.71
Ken Woodman	40+	14.07
Greg Simpson	40+	14.41
Don Chambers	50+	14.5
Ben Griffiths	14	14.53
Ben Buckingham	16	15.03
Graeme Brown	Open	15.04
Tom Condon	16	15.36
Myles Simpson	18	16.07
Dennis Baker	50+	18.09

### 200 metres

Brendon Ashcroft	16	23.69
Ben Saxon	Open	24.62
Zach Jones	16	25.93
David Miles	Open	26.41
Michael Naldrett	16	27.45
Chris Barton	16	27.93
Bill Barker	40+	28.19
Keiran Lawrence	16	28.76
Ben Griffiths	14	29.59
Greg Simpson	40+	30.03
Don Chambers	50+	30.73
Tom Condon	16	31.51
Graeme Brown	Open	31.82
Ben Buckingham	16	32.23
Tom Griffiths	14	33.06
Ken Woodman	40+	33.53
Dennis Baker	50+	38.9

**Triple Jump**

Lara Friesen	16	9.27
Michelle Crocos	Open	8.66
Talia Paterson	18	8.47
Jacquie Star	14	7.79
Hannah Jones	14	7.68
Rita Star	35+	6.03

**Javelin**

Michelle Crocos	Open	21.57
Lara Friesen	16	21.19
Talia Paterson	18	16.89
Janet Crocos	35+	16.37
Rosalie Wilson	35+	11.5
Morgan Barker	18	10.58
Hannah Jones	14	8.27

**Discus**

Lara Friesen	16	20.5
Janet Crocos	35+	18.61
Michelle Crocos	Open	18.29
Morgan Barker	18	17.72
Talia Paterson	18	17.52
Rosalie Wilson	35+	14.07
Nisha Munday	16	13.9
Rita Star	35+	13.03
Jacquie Star	14	11.79

**800 metres**

Ben Saxon	Open	2.15.42
Zach Jones	16	2.16.93
David Miles	Open	2.19.67
Michael Naldrett	16	2.21.38
Sean Wilson	16	2.25.21
Dan Rees	Open	2.29.84
Ben Buckingham	16	2.32.32
Greg Simpson	40+	2.35.43
Myles Simpson	18	2.50.49
Keiran Lawrence	16	2.51.92
Tom Condon	16	2.56.92
Bill Barker	40+	2.58.00
Graeme Brown	Open	3.46.08

**5000 metres**

Sean Wilson	16	17.37.25
Dan Rees	Open	18.18.17
Zach Jones	16	19.11.05
Tito Sgariglia	40+	19.42.96
Pat Thomas	40+	20.09.37
Jon Lindley	Open	20.23.91
Ben Buckingham	16	20.50.12
David Miles	Open	21.49.22
Des Rees	50+	22.50.32
James Wright	Open	23.58.90
Jason Rees	Open	24.44.15
Peter Rogerson	50+	24.44.94
Pat O'Flaherty	50+	25.25.72
Robert Lindley	50+	28.32.76

**Long Jump**

Ben Saxon	Open	4.94
Zach Jones	16	4.38
Ken Woodman	40+	4.38
Chris Barton	16	4.21
Greg Simpson	40+	4.03
Don Chambers	50+	3.63
Dennis Baker	50+	2.18
Myles Simpson	18	2.13

### Triple Jump

Zach Jones	16	11.66
Chris Barton	16	10.51
Ben Saxon	Open	10.33
Ken Woodman	40+	9.56
Ben Griffiths	14	9.3
Keiran Lawrence	16	9.17
Tom Griffiths	14	8.22
Don Chambers	50+	8.19

### Javelin

Chris Barton	16	42.57
Ben Saxon	Open	35.06
Brendon Ashcroft	16	33.52
Zach Jones	16	32.45
Ken Woodman	40+	30.15
Greg Simpson	40+	25.12
Kevin Jones	40+	23.83
Don Chambers	50+	18.41
Myles Simpson	18	15.94
Ben Griffiths	14	13.90
Dennis Baker	50+	13.2

### Discus

Brendon Ashcroft	16	33.93
Chris Barton	16	25.34
Michael Naldrett	16	24.6
Bill Barker	40+	23.15
Greg Simpson	40+	22
Tom Condon	16	20.86
Graeme Brown	Open	20.85
Don Chambers	50+	19.51
Ben Griffiths	14	19.48
Tom Griffiths	14	19.08
Dennis Baker	50+	18.94
Kevin Jones	40+	18.03
Ben Saxon	Open	16.74
Myles Simpson	18	13.27
Robert Wilson	14	9.8