

Weekly Results Sunday 18th December 2005

WOMEN

200 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Michelle Crocos	Open	28.98
Bonnie Munday	14	31.88
Talia Paterson	18	32.38
Janet Crocos	35+	32.82
Elizabeth Josephs	16	34.08
Michaela Strelec	18	34.67
Danielle Duff	14	35.44

800 metres

Michelle Crocos	Open	2.42.44
Brianne Buckingham	14	3.33.34
Janet Crocos	35+	3.47.97
Talia Paterson	18	3.52.00
Nisha Munday	16	3.53.17
Sally Buckingham	35+	4.10.05
Michaela Strelec	18	4.12.90
Danielle Duff	14	4.18.79

3000 metres

Sonya Fitzsimmons	Open	13.14.40
Jacki Rogerson	18	15.09.77
Sally Buckingham	35+	15.55.90
Fay Pearce	35+	16.48.30

Long Jump

Michelle Crocos	Open	4.04
Janet Crocos	35+	3.83
Talia Paterson	18	3.45
Michaela Strelec	18	3.3
Danielle Duff	14	3.26
Elizabeth Josephs	16	2.79
Morgan Barker	18	2.31

Discus

Michelle Crocos	Open	17.77
Nisha Munday	16	16.98
Janet Crocos	35+	16.23
Talia Paterson	18	15.89

MEN

200 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Brendon Ashcroft	16	22.94
Ben Saxon	Open	24.05
Zach Jones	16	24.93
Shaun Guthridge	Open	26.36
David Miles	Open	26.54
Bill Barker	40+	27.15
Richard Smyth	Open	27.38
Mick Naldrett	16	27.39
Ken Woodman	40+	28.33
Ben Cook	16	28.5
Ben Griffiths	14	29.51
Lauchlan Duff	18	29.58
Tom Condon	18	29.96
Tom Griffiths	14	29.96
Don Chambers	50+	30.16
Ben Buckingham	16	30.17
Bill Pearce	50+	30.22
Garry Cook	40+	30.94
Greg Simpson	40+	31.52
Dennis Baker	50+	39.61

1500 metres

Shaun Guthridge	Open	4.50.60
Zach Jones	16	4.54.85
Ben Saxon	Open	5.00.94
David Miles	Open	5.06.23
Ben Buckingham	16	5.07.83
Richard Smyth	Open	5.37.72
Des Rees	50+	5.47.81
Bill Pearce	50+	5.52.02
Ken Woodman	40+	5.56.59
Brendon Ashcroft	16	6.12.13
Bill Barker	40+	6.14.24
Marco Zovic	50+	6.20.62
Ben Griffiths	14	6.30.85

Javelin

Michelle Crocos	Open	21.03
Janet Crocos	35+	19.01
Talia Paterson	18	17.75
Danielle Duff	14	12.39
Rosalie Wilson	35+	10.91
Morgan Barker	18	9.48
Elizabeth Josephs	16	7.6
Michaela Strelec	18	6.65

3000 metres

Shaun Guthridge	Open	10.12.32
Pat Thomas	40+	10.57.11
Mike Mellor	40+	11.38.22
Patrick Josephs	18	11.52.61
David Innes	50+	11.56.72
Des Rees	50+	12.21.66
Marco Zovic	50+	13.26.90
Wayne Heath		9.50.69

Long Jump

Brendon Ashcroft	16	5.44
David Miles	Open	4.98
Ken Woodman	40+	4.83
Ben Saxon	Open	4.82
Zach Jones	16	4.81
Bill Barker	40+	4.6
Shaun Guthridge	Open	4.54
Mick Naldrett	16	4.29
Lauchlan Duff	18	4.23
Richard Smyth	Open	4.22
Ben Griffiths	14	4.1
Ben Cook	16	4.03
Bill Pearce	50+	3.97
Tom Griffiths	14	3.92
Don Chambers	50+	3.9
Greg Simpson	40+	3.87
Garry Cook	40+	3.83
Tom Condon	18	3.64
Ben Buckingham	16	3.62
Dennis Baker	50+	2.08

Discus

Bill Barker	40+	27.54
Ben Cook	16	24.86
Richard Smyth	Open	23.78
Zach Jones	16	22.26
Lauchlan Duff	18	21.83
Brendon Ashcroft	16	20.53
Ken Woodman	40+	19.79
Garry Cook	40+	19.66
Bill Pearce	50+	17.97
Tom Griffiths	14	17.9
David Miles	Open	17.84
Don Chambers	50+	17.77
Ben Buckingham	16	17.73
Ben Saxon	Open	17.2
Dennis Baker	50+	17.05
Ben Griffiths	14	15.51
Greg Simpson	40+	14.24

Javelin

Brendon Ashcroft	16	42.6
Ben Saxon	Open	35.79
Ken Woodman	40+	35.54
Bill Barker	40+	35.31
Zach Jones	16	34.99
Garry Cook	40+	29.72
Greg Simpson	40+	24.96
Ben Cook	16	24.68
Lauchlan Duff	18	24.01
Shaun Guthridge	Open	23.84
David Miles	Open	23.77
Tom Condon	18	22.79
Richard Smyth	Open	22.09
Don Chambers	50+	21.68
Mick Naldrett	16	20.77
Bill Pearce	50+	18.75
Ben Griffiths	14	18.05
Tom Griffiths	14	17.24
Ben Buckingham	16	15.45
Dennis Baker	50+	13.73
Robert Wilson	14	8.26

Don Sparks Steel Supplies Pentathlon Championships

WOMEN

Place	Name	Age	Total Points
1st	Michelle Crocos	OPEN	1956
2nd	Janet Crocos	35+	1559
3rd	Danielle Duff	14	1358
4th	Talia Paterson	18	1172
5th	Michaela Strelec	18	626
6th	Morgan Barker	18	344

MEN

Place	Name	Age	Total Points
1st	Brendon Ashcroft	16	3156
2nd	Zachary Jones	16	3109
3rd	Ben Saxon	OPEN	2170
4th	Bill Barker	40+	2113
5th	Ben Griffiths	14	2084
6th	Ken Woodman	40+	2010
7th	Ben Buckingham	61	1885
8th	Bill Pearce	50+	1867
9th	David Miles	OPEN	1811
10th	Tom Griffiths	14	1749
11th	Ben Cook	16	1704
12th	Richard Smyth	OPEN	1541
13th	Don Chambers	50+	1414
14th	Garry Cook	40+	1172
15th	Lauchlan Duff	18	1162
16th	Greg Simpson	40+	969
17th	Dennis Baker	50+	562