

Weekly Results Sunday 16th October 2005

WOMEN

100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Nicole Cruickshank	18	14.13
Michelle Crocos	Open	14.17
Lara Friesen	16	14.19
Simone Young	16	14.29
Janet Crocos	35+	15.51
Talia Paterson	18	16.05
Ebony Verbunt	14	16.31
Danielle Duff	14	16.8
Jacque Star	14	16.96
Rita Star	35+	18.57

200 metres

Michelle Crocos	Open	28.79
Simone Young	16	29.1
Nicole Cruickshank	18	29.58
Lara Friesen	16	31.02
Janet Crocos	35+	32.97
Ebony Verbunt	14	34.53
Cerina Meredith	35+	36.08
Rita Star	35+	41.94

800 metres

Michelle Crocos	Open	2.42.90
Brianne Buckingham	14	3.24.51
Jacki Rogerson	18	3.34.34
Sally Buckingham	35+	4.03.68
Rita Star	35+	4.03.91

5000 metres

Sonya Fitzsimmons	Open	23.03.70
Cerina Meredith	35+	24.07.66
Jacki Rogerson	18	26.51.68
Sally Buckingham	35+	27.22.71

MEN

100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
David Miles	Open	13.06
Bill Barker	40+	13.34
Mick Naldrett	16	13.39
Ross Kent	50+	13.49
Ken Woodman	40+	13.62
Lauchlan Duff	18	14.11
Ben Griffiths	14	14.55
Tom Condon	18	14.59
Mark Cruickshank	40+	14.8
Don Chambers	50+	14.97
Ben Cook	16	15.81
Ben Klappett	16	15.9
Tom Griffiths	14	17.41
Robert Wilson	14	18.33
Fletcher Star	14	19.22
Garry Cook	40+	20.05

110 metres

Brendon Ashcroft	16	12.62
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200 metres

David Miles	Open	26.24
Shaun Guthridge	Open	26.62
Ross Kent	50+	27.71
Bill Barker	40+	27.9
Ken Woodman	40+	28.95
Ben Griffiths	14	30.43
Don Chambers	50+	30.84
Ben Buckingham	16	32.21
Fletcher Star	14	42.99

230 metres

Brendon Ashcroft	16	25.71
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800 metres

Shaun Guthridge	Open	2.08.51
Mick Naldrett	16	2.20.66
Richard Smyth	Open	2.31.22
David Miles	Open	2.37.64
Ben Buckingham	16	2.39.55
Ben Klappett	16	2.59.31
Fletcher Star	14	3.55.55

Long Jump

Michelle Crocos	Open	4.07
Simone Young	16	4.05
Amber Cook	18	3.62
Talia Paterson	18	3.53
Danielle Duff	14	3.36
Ebony Verbunt	14	3.31
Jacquie Star	14	3.1
Rita Star	35+	2.85
Marlise Cook	35+	2.23
Deborah Jones	35+	2.02

High Jump

Lara Friesen	16	1.4
Simone Young	16	1.4
Jacquie Star	14	1.3
Michelle Crocos	Open	1.25
Talia Paterson	18	1.2
Janet Crocos	35+	1.15
Rita Star	35+	1.1

Javelin

Lara Friesen	16	24.17
Michelle Crocos	Open	22.37
Janet Crocos	35+	18.08
Talia Paterson	18	15.3
Simone Young	16	14.03
Rosalie Wilson	35+	11.59
Morgan Barker	18	9.93
Marlise Cook	35+	9.54
Danielle Duff	14	9.23

Discus

Lara Friesen	16	24.49
Janet Crocos	35+	19.35
Amber Cook	18	18.81
Morgan Barker	18	16.14
Rosalie Wilson	35+	13.82
Deborah Jones	35+	11.15
Marlise Cook	35+	10.34

5000 metres

Zach Jones	16	17.08.74
Sean Wilson	16	17.50.21
Pat Thomas	40+	18.51.40
Ben Buckingham	16	19.28.49
Charles Aitken	50+	21.28.11
David Miles	Open	22.09.35
Des Rees	50+	22.16.23
Peter Rogerson	50+	24.29.36

Long Jump

Brendon Ashcroft	16	5.56
Sean Wilson	16	4.75
Lauchlan Duff	18	4.66
Ken Woodman	40+	4.5
Mark Cruickshank	40+	4.04
Ben Cook	16	3.69
Ben Griffiths	14	3.67
Don Chambers	50+	3.28
Fletcher Star	14	2.59
Robert Wilson	14	2.34

High Jump

Ben Klappett	16	1.5
Ben Cook	16	1.45
Mick Naldrett	16	1.45
Ben Griffiths	14	1.4
Tom Griffiths	14	1.4
Ken Woodman	40+	1.4
Chris Barton	16	1.3
Ben Buckingham	16	1.25

Javelin

Brendon Ashcroft	16	37.99
Chris Barton	16	37.98
Garry Cook	40+	32.48
Simon Crocos	18	29.77
Ken Woodman	40+	25.86
Lauchlan Duff	18	25.4
Kevin Jones	40+	24.83
Ben Griffiths	14	21.5
Ben Cook	16	20.68
Don Chambers	50+	18.3
Tom Griffiths	14	17.39

Shot Put

Janet Crocos	35+	6.72
Amber Cook	18	6.62
Michelle Crocos	Open	6.57
Morgan Barker	18	6.26
Jacki Rogerson	18	5.96
Rosalie Wilson	35+	5.54
Marlise Cook	35+	5.2
Talia Paterson	18	4.94
Deborah Jones	35+	4.92

Hammer

Janet Crocos	35+	18.68
Morgan Barker	18	16.9
Michelle Crocos	Open	16.13
Lara Friesen	16	15.98
Rosalie Wilson	35+	12.75
Simone Young	16	12.65
Talia Paterson	18	11.8

Discus

Chris Barton	16	34.03
Brendon Ashcroft	16	28.17
Bill Barker	40+	25
Don Chambers	50+	18.7
Kevin Jones	40+	16.74

Shot Put

Chris Barton	16	12.22
Lauchlan Duff	18	10.93
Brendon Ashcroft	16	10.8
Don Chambers	50+	8.76
Bill Barker	40+	8.67
Ken Woodman	40+	8.08
Garry Cook	40+	8.04
Kevin Jones	40+	5.7
Robert Wilson	14	5.39

Hammer

Chris Barton	16	25.04
Lauchlan Duff	18	20.78
Don Chambers	50+	20.03
Ben Klappett	16	19.77
Bill Barker	40+	19.7
Garry Cook	40+	18.93
Tom Condon	18	17.92
Mick Naldrett	16	17.74
Simon Crocos	18	17.58
Sean Wilson	16	16.02
Mark Cruickshank	40+	14.04
Ben Cook	16	12.95
Tom Griffiths	14	9.81
Robert Wilson	14	9.23