

Weekly Results Sunday 22nd May 2005

Women

100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Michelle Crocos	Open	13.95
Lara Friesen	16	14.28
Bonnie Munday	14	14.56
Rachel Simmonds	16	15.16
Talia Paterson	18	15.63
Elizabeth Josephs	16	16.14
Carina Heppell	Open	16.24
Dara Josephs	14	16.67
Morgan Barker	18	18.34
Jenni Munday	35+	18.84

400 metres

Michelle Crocos	Open	1.06.69
Elizabeth Josephs	16	1.15.16
Bonnie Munday	14	1.16.59
Talia Paterson	18	1.17.53
Karen Sheehan	35+	1.18.45
Dara Josephs	14	1.19.55
Jacki Rogerson	18	1.20.40
Lara Friesen	16	1.24.97
Jenni Munday	35+	1.28.46

1500 metres

Carina Heppell	Open	9.12.26
Elizabeth Josephs	16	5.51.54
Dara Josephs	14	6.13.46
Jenni Munday	35+	6.47.55
Jacki Rogerson	18	7.12.89
Karen Sheehan	35+	8.36.32
Bonnie Munday	14	9.44.18
Nisha Munday	16	9.44.35

High Jump

Rachel Simmonds	16	1.40
Lara Friesen	16	1.35
Michelle Crocos	Open	1.30
Talia Paterson	18	1.25
Carina Heppell	Open	1.20
Nisha Munday	16	1.20
Morgan Barker	18	1.15
Karen Sheehan	35+	1.15

Men

100 metres

<i>Name</i>	<i>Age</i>	<i>Result</i>
Ben Saxon	Open	12.03
Richard Smyth	Open	13.26
Don Chambers	50+	14.30
Pat Josephs	18	14.64
Greg Simpson	40+	14.73
Myles Simpson	18	16.19

400 metres

Myles Simpson	18	1.17.80
Don Chambers	50+	1.18.66

1500 metres

Ben Saxon	Open	5.05.74
Pat Josephs	18	5.10.95
Richard Smyth	Open	5.33.12
Des Rees	50+	5.56.73
Myles Simpson	18	6.13.73

High Jump

Ben Saxon	Open	1.60
Richard Smyth	Open	1.40
Greg Simpson	40+	1.35
Don Chambers	50+	1.15

Discus

Richard Smyth	Open	22.67
Pat Josephs	18	22.21
Greg Simpson	40+	18.47
Don Chambers	50+	17.38
Ben Saxon	Open	16.25
Myles Simpson	18	10.74

Discus

Lara Friesen	16	22.46
Janet Crocos	35+	19.48
Talia Paterson	18	18.85
Morgan Barker	18	17.42
Carina Heppell	Open	16.11
Karen Sheehan	35+	15.79
Michelle Crocos	Open	15.39
Rachel Simmonds	16	14.62
Rosalie Wilson	35+	13.77
Dara Josephs	14	13.06
Elizabeth Josephs	16	12.14
Nisha Munday	16	9.37
Emma Rogerson	14	9.24